“Everyone thinks of changing the world,
But no one thinks of changing himself.”- Count Leo Tolstoy

Barbara Hofmeister

Of German origin, now living in Southern Spain, Barbara truly lives the philosophy she shares with her clients on a daily basis. She knows from her own experience that even small obstacles can stop us from going after our dreams.

Through her program “To be or not to be - the Choice is YOURS! http://www.trainingvisions.com she empowers her clients to dare and go past those obstacles, fears, and self doubts in order to realize that they too have the right to live their dreams and that it is never too late to make that choice.

“My confidence and self esteem used to be very low. Other people would usually notice before me when I had mastered something new. Quite often they even had to cajole me into accepting that I had actually done it. Crazy, but true
This low confidence in my own abilities was the reason I started to live my dream so late in life even though I have been involved in personal development since 1978.
Don’t let this happen to you. Start today! You can and with my help you will make your dreams come true.” - Barbara Hofmeister

If you want to move forward and live your dream life sign up for Barbara’s “To Be” Membership or her free weekly "Insights" - short practical lessons to a greater YOU!

http://www.trainingvisions.com
“You are not what you think you are, but what your THINK, you are” – M.V. Hansen

"Fears are educated into us and can, if we wish, be educated out." – Karl Menninger, Psychiatrist

“Every problem has in it the seeds of its own solution. If you don’t have any problems, you don’t get any seeds.”- Norman Vincent Peale

“However beautiful the strategy, you should occasionally look at the results.” - Winston Churchill

"Keep on going and the chances are you will stumble on something, perhaps when you are least expecting it. I have never heard of anyone stumbling on something sitting down.”- Charles F. Kettering

"The pain lies in the difference of what we think should happen and what actually happens“ - Vernon Howard

It is in the expectations of happiness that much of happiness itself is found. And it takes courage to expect happiness.”- Earl Nightingale

“The illiterate of the 21st century will not be those who cannot read and write but those who cannot learn, unlearn, and relearn.” - Alvin Toffler

"Defeat is not the worst of failures. Not to have tried is the true failure.” George E. Woodberry

"If you change the way you look at things, the things you look at change." - Dr. Wayne Dayer

"It is not the brains that matter most, but that which guides them - the character, the heart, the generous qualities, progressive ideas." - Fyodor Dostoyevsky, Writer

"Everything is always impossible before it works. That’s what entrepreneurs are all about - doing what people have told them is impossible." - R. Hunt Greene, Venture Capitalist

"Courage is doing what you’re afraid to do. There can be no courage unless you’re scared." - Eddie Rickenbacker
"It is the greatest of all mistakes to do nothing because you can do only a little. Do what you can." - Sydney Smith

"In times of change, the learners will inherit the earth, while the learned find themselves beautifully equipped to deal with a world that no longer exists." - Eric Hoffer

"All big things in this world are done by people who are naïve and have an idea that is obviously impossible." - Dr. Wayne Dyer, Frank Richards

"Good humor is tonic for the mind and body. It is the best antidote for anxiety and depression. It is a business asset. It attracts and keeps friends. It lightens human burdens. It is the direct route to serenity and contentment." - Grenville Kleiser

"In the best institutions, promises are kept, no matter what the cost in agony and overtime." - David Ogilvy, Founder Ogilvy & Mather

"An obstacle is often an unrecognized opportunity." - Anonymous

"It is impossible to walk rapidly and be unhappy." - Mother Theresa

"Leadership is a matter of having people look at you and gain confidence in seeing how you act. If you're in control, they're in control." - Tom Landr, Football Coach

"I find that the harder I work the more luck I seem to have." - Thomas Jefferson, US President

"Man never made any material as resilient as the human spirit." - Bern Williams

"Not everything that can be counted counts and not everything that counts can be counted." - Albert Einstein, Scientist

"If you believe you can, you probably can. If you believe you won't, you most assuredly won't. Belief is the ignition switch that gets you off the launching pad." - Denis Waitley

The strong individual is the one who asks for help when he needs it. Whether he has an abscess on his knee or in his soul." - Rona Barrett
"Men acquire a particular quality by constantly acting a particular way . . . You become just by performing just actions, temperate by performing temperate actions, brave by performing brave actions." - Aristotle, Philosopher

"Character - the willingness to accept responsibility for one’s own life - is the source from which self-respect springs." - Joan Didion, Journalist

"It is our choices . . . that show what we truly are, far more than our abilities." - J. K. Rowling, Children's Book Author

"Believe it can be done. When you believe something can be done, really believe, your mind will find the ways to do it. Believing a solution paves the way to solution." - Dr. David Schwartz, The Magic of Thinking Big

"Leaders are visionaries with a poorly developed sense of fear and no concept of the odds against them. They make the impossible happen." - Robert Jarvik

All things are difficult before they are easy." - John Norley

"Beautiful thoughts make beautiful lives, for every word and deed lies in the thought that prompted it, as the flowers lie in the seed." - A. E. Godfrey

"Far and away the best prize that life offers is the chance to work hard at work worth doing." - Theodore Roosevelt, 26th US President

"The secret of health for both mind and body is not to mourn for the past, worry about the future, or anticipate troubles but to live in the present moment wisely and earnestly." - Buddha

"If you doubt you can accomplish something, then you can’t accomplish it. You have to have confidence in your ability, and then be tough enough to follow through." - Rosalyn Carter

"The Truth is realized in an instant; the Act is practiced step by step." - Zen saying

"Achievement seems to be connected with action. Successful men and women keep moving. They make mistakes, but they don’t quit." - Conrad Hilton

"Adversity is the diamond dust heaven polishes its jewels with." - Robert Leighton

http://www.trainingvisions.com
"Every artist was first an amateur." – Ralph Waldo Emerson, Poet

"The genius of money is not knowing everything, but rather, surrounding yourself with those who do."– Glen Purdy

"Efficiency is doing things right. Effectiveness is doing the right things. – Peter Drucker

"You wander from room to room. Hunting for the diamond necklace that is already around your neck!" - Jalal-Uddin Rumi

"It is not easy to find happiness in ourselves, and it is not possible to find it elsewhere." - Agnes Repplier

"We cannot teach people anything; we can only help them discover it within themselves." - Galileo Galilei

"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great." – Mark Twain, Author

"Man will occasionally stumble over the truth, but most times he will pick himself up and carry on.” - Winston Churchill

"Luck is when preparation meets opportunity.” – Brian Tracy

"If you concentrate on finding what is good in every situation, you will discover that your life will suddenly be filled with gratitude, a feeling that nurtures the soul." - Harold Kushner – Rabbi

“Deciding to commit yourself to long-term results rather than short-term fixes is as important as any decision you’ll make in your lifetime.” – Anthony Robbins

"Happiness cannot be traveled to, owned, earned, worn or consumed. Happiness is the spiritual experience of living every minute with love, grace, and gratitude." - Denis Waitley

“There’s no scarcity of opportunity to make a living at what you love. There is only a scarcity of resolve to make it happen.” – Wayne Dyer, Author

"The greatest amount of wasted time is the time not getting started." - Dawson Trotman
"I do not think much of a man who is not wiser today than he was yesterday." - Abraham Lincoln - 16th US President

"Argue for your limitations, and sure enough, they're yours." - Richard Bach

"There are two types of speakers, those that are nervous and those that are liars." - Mark Twain

"The world hates change, yet it is the only thing that has brought progress." - Unknown

"What lies behind us and what lies before us are tiny matters compared with what lies within us." - Oliver Wendell Holmes Jr., Supreme Court Chief Justice

"Self-control is a critical leadership skill. Leaders generally are able to plan and work at a task over a longer time span than those they lead." - Gerald Faust

"You must begin to think of yourself as becoming the person you want to be." - David Viscott

"Of all the judgments we pass in life, none is as important as the one we pass on ourselves." - Unknown

"Recommend to your children virtue; that alone can make them happy, not gold." - Ludwig van Beethoven, Composer

"If you let conditions stop you from working, they'll always stop you." - James T. Farrell

"Only those who risk going too far can possibly find out how far one can go." - T. S. Eliot, Poet

"To win, you have to risk loss." - Jean Claude Killy

"Moral courage simply means you do what you think is right without bothering too much about the effect on yourself." - William Slim, British Field Marshal

“Expertise is generic. Point of view is what audiences pay for.” -Mark Sanborn, Past President, National Speakers Association

“We have to live today by what truth we can get today and be ready tomorrow to call it falsehood.” - William James, 1842-1910, author
“YOU don’t have to get it right, YOU just have to get it going.” – Michael Bloomberg

"Every human has four endowments--self awareness, conscience, independent will and creative imagination. These give us the ultimate human freedom . . . The power to choose, to respond, to change." - Stephen R. Covey

“In all affairs it’s a healthy thing to hang a question mark on the things you have long taken for granted.” – Bertrand Russell (1872-1970)

"Modesty is the only sure bait when you angle for praise." – Lord Chesterfield, 1694-1773, British Statesman and Diplomat

"The greatest success stories were created by people who recognized a problem and turned it into an opportunity." - Joseph Sugarman

"The roots of education are bitter, but the fruit is sweet." - Aristotle, Philosopher

"What you have to do and the way you have to do it is incredibly simple. Whether you are willing to do it, that's another matter." - Peter Drucker

"People living deeply have no fear of death." – Anais Nin

"You have it easily in your power to increase the sum total of this world’s happiness now. How? By giving a few words of sincere appreciation to someone who is lonely or discouraged. Perhaps you will forget tomorrow the kind words you say today, but the recipient may cherish them over a lifetime." - Dale Carnegie

“If your project doesn’t work, look for the part that you didn’t think was important." - Arthur Bloch

“We keep going back, stronger, not weaker, because we will not allow rejection to beat us down. It will only strengthen our resolve. To be successful there is no other way.” – Earl G. Graves

"To me success can only be achieved through repeated failure and introspection. In fact, success represents 1% of your work that results from the 99% that is called failure." - Henry Ford

"Experience is simply the name we give our mistakes." - Oscar Wilde – Writer

http://www.trainingvisions.com
"We make a "We make a living by what we get. We make a life by what we give." — Winston Churchill

"Always will I strive to be greater than I am. I must surpass myself. In each successive act, test, encounter, thought, I will be greater than in the one previous. I am what I am now; but in an hour I must be more than I am now. In everything must I exert more power to surpass myself." - unknown

"To win, you have to risk loss." - Jean Claude Killy

Efficiency is doing things right. Effectiveness is doing the right things. - Peter Drucker

"Self-control is a critical leadership skill. Leaders generally are able to plan and work at a task over a longer time span than those they lead." - Gerald Faust

"We are what we repeatedly do." - Aristotle

"Life is like a game of cards. The hand that is dealt you is determinism; the way you play it is free will." - Jawaharlal Nehru

"There is no point doing well what you shouldn’t be doing at all. Make the hard decisions about what you want and need to do. Then do them, and do them right." - Patricia Fripp

"Half the troubles of this life can be traced to saying yes too quickly and not saying no soon enough." - Josh Billings

"Even the fear of death is nothing compared to the fear of not having lived authentically and fully." - Frances Moore Lappe

"When we are motivated by goals that have deep meaning, by dreams that need completion, by pure love that needs expressing, then we truly live life." - Greg Anderson

"When life's problems seem overwhelming, look around and see what other people are coping with. You may consider yourself fortunate." - Ann Landers

"If you let conditions stop you from working, they'll always stop you." - James T. Farrell
"When a door closes, another one opens. But we look at the closed door with regret for so long, that we don't see the one that has opened for us." – Unknown

"Nothing can add more power to your life than concentrating all of your energies on a limited set of targets." – Nido Qubein, author, philanthropist

"The new frontier of which I speak is not a set of promises - it is a set of challenges. It sums up not what I intend to offer the American people, but what I intend to ask of them. It appeals to their pride, not their pocketbook - - it holds out the promise of more sacrifice instead of more security." - John F. Kennedy

"Too many people are thinking of security instead of opportunity. They seem more afraid of life than death." - James F. Byrnes

"Shoot for the moon. Even if you miss it, you will land among the stars." – Les Brown

"Knowing is not enough; we must apply. Willing is not enough; we must do." - Johann von Goethe

"From now on I vow I will try to act the part of a person TEN TIMES BIGGER than I now am, for by doing, I construct greater powers in my own brain which will actually build me into such a leader. I refuse to longer be confined by the shadowy walls which heretofore have cramped me into a narrow sphere. From this day forth the word "limit" is banished from my mind." - unknown

"A leader must know, must know that he knows and must be able to make it abundantly clear to those about him that he knows." - Clarence B. Randall

"Our only limitations are those which we set up in our minds or permit others to establish for us." - Elizabeth Arden

"You are not only responsible for what you say, but also for what you do not say." - Martin Luther, Priest, Scholar, Reformer

"We must dare to think "unthinkable" thoughts. We must learn to explore all the options and possibilities that confront us in a complex and rapidly changing world. We must learn to welcome and not fear the voices of dissent." – J. William Fulbright, educator, legislator
“Ability is what you’re capable of doing. Motivation determines what you do. Attitude determines how well you do it.” - Lou Holtz

“The beginning is the most important part of the work.” - Plato, Philosopher

“Wealth is the product of a man’s capacity to think.” - Ayn Rand, 1905-1982, author, philosopher

“Prosperity is a great teacher; adversity is a greater one.” - William Hazlitt, Essayist

“Change the way you look at things, and the things you look at change” - Dr. Wayne Dyer

“There are risks and costs to a program of action, but they are far less than the long-range risks and costs of comfortable inaction.” - John F. Kennedy

“Thoughts and ideas are the source of all wealth, success, material gain, all great discoveries, inventions and achievements.” - Mark Victor Hansen

“Begin With The End in Mind” - Stephen Covey, The Seven Habits of Highly Effective People.

“I decided to be the best and the smartest.” - Oprah Winfrey, entrepreneur, talk-show host

“Nothing in life is to be feared; it is only to be understood. Now is the time to understand more, so that we may fear less.” - Marie Curie, Physicist

“You must take personal responsibility. You cannot change the circumstances, the seasons, or the wind, but you can change yourself. That is something you have charge of. You don’t have charge of the constellations, but you do have charge of whether you read, develop new skills, and take new classes.” - Jim Rohn

“I am still determined to be cheerful and happy, in whatever situation I may be; for I have also learned from experience that the greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances.” - Martha Washington

“To avoid criticism... Do nothing... Say nothing... Be nothing!” - Elbert Hubbard
The future has several names. For the weak, it is the impossible. For the fainthearted, it is the unknown. For the thoughtful and valiant, it is the ideal.” -- Victor Hugo

"You'll never get the best from employees by trying to build a fire under them -- you've got to build a fire within them." Bob Nelson

The first requisite of success is the ability to apply your physical and mental energies to one problem without growing weary." -- Thomas Edison

"Would you like me to give you a formula for success? It's quite simple, really. Double your rate of failure. You are thinking of failure as the enemy of success. But it isn't at all. You can be discouraged by failure -- or you can learn from it. So go ahead and make mistakes. Make all you can. Because remember that's where you will find success." -- Thomas J. Watson

"The noblest search is the search for excellence." -- Lyndon B. Johnson

"Excellence is the gradual result of always striving to do better." -- Pat Riley

"Do what you love to do and commit yourself to doing it in an excellent fashion." -- Brian Tracy

"Cherish your visions and your dreams as they are the children of your soul, the blueprints of your ultimate accomplishments." -- Napoleon Hill

"When you engage in systematic, purposeful action, using and stretching your abilities to the maximum, you cannot help but feel positive and confident about yourself." -- Brian Tracy

"Nearly all men can stand adversity, but if you want to test a man's character, give him power." -- Abraham Lincoln

"Everyone who's ever taken a shower has an idea. It's the person who gets out of the shower, dries off and does something about it who makes a difference." -- Nolan Buhnell

My great concern is not whether you have failed, but whether you are content with your failure. -- Abraham Lincoln

Everyone has his burden. What counts is how you carry it."
“You haven't failed until you quit trying.” - Unknown

“You're on the road to success when you realize that failure is only a detour.”

“I am not discouraged, because every wrong attempt discarded is another step forward.” - Thomas A. Edison

"Hope, purpose and determination are not merely mental states. They have electrochemical connections that affect the immune system." - Norman Cousin

"Never letting the competition define you. Instead, you have to define yourself based on a point of view you care deeply about." - Tom Chappel

"Dreams are extremely important. You can't do it unless you imagine it." - George Lucas

"Most successful men have not achieved their distinction by having some new talent or opportunity presented to them. They have developed the opportunity that was at hand." - Unknown

"Courage is a special kind of knowledge; the knowledge of how to fear what ought to be feared and how not to fear what ought not to be feared." - David Ben-Gurion

"To be healthy, wealthy, happy and successful in any and all areas of your life you need to be aware that you need to think healthy, wealthy, happy and successful thoughts 24 hours a day and cancel all negative, destructive, fearful and unhappy thoughts. These two types of thought cannot coexist if you want to share in the abundance that surrounds us all." - Sidney Madwed

“In business, the competition will bite you if you keep running; if you stand still, they will swallow you.” - William Knudsen Jr.

“The truth is that there is nothing noble in being superior to somebody else. The only real nobility is in being superior to your former self." - Whitney Young, Civil rights leader (1921-1971)

Man kann auf seinen Standpunkt stehen, aber man sollte nicht darauf sitzen." (Erich Kästner, dt. Schriftsteller (sorry, no translation possible)

“Success is the proper utilization of failure." - Unknown
"Champions aren’t made in the gyms. Champions are made from something they have deep inside them – a desire, a dream, a vision." – Muhammad Ali, American Boxer

Rowing harder doesn’t help if the boat is headed in the wrong direction." – Kenichi Ohmae

“It takes as much energy to wish as it does to plan.” – Eleanor Roosevelt

“There are many truths of which the full meaning cannot be realized until personal experience has brought it home.” – John Stuart Mill

“Pleasure in the job puts perfection in the work.” – Aristotle

Everybody thinks of changing humanity, but nobody thinks of changing himself.” – Leo Tolstoy

“True commitment...is the power of getting out of any situation all that there is in it. It is arduous, and it is rare.” – G.K. Chesterton

“Laziness is a secret ingredient that goes into failure. But it’s only kept a secret from the person who fails.” – Robert Half

“Don’t strive for perfection in items or actions that don’t matter. People are usually paid to get results, not to be perfect.” – Patricia Fripp

“Difficulties are meant to rouse, not discourage. The human spirit is to grow strong by conflict.” – William Ellery Channing

“People become really quite remarkable when they start thinking that they can do things. When they believe in themselves they have the first secret of success.” – Norman Vincent Peale, 1898-1993, Speaker and Author

“A man, as a general rule, owes very little to what he is born with – a man is what he makes himself.” – Alexander Graham Bell

“Why not go out on a limb? Isn’t that where the fruit is?” – Frank Scully

“The biggest mistake people make in life is not making a living at doing what they most enjoy.” – Malcolm S. Forbes

“Man is the only creature that strives to surpass himself and yearns for the impossible.” – Eric Hoffer, Philosopher
"You’re writing the story of your life one moment at a time." - Doc Childre and Howard Martin

"You’ll see it, when you believe it" - Dr. Wayne Dyer

"Dream lofty dreams, and as you dream, so shall you become. Your vision is the promise of what you shall one day be.” - James Allen

“Things may come to those who wait, but only the things left by those who hustle.” - Abraham Lincoln

"Self trust is the first secret of success." - Ralph Waldo Emerson

"Be thankful for what you have; you’ll end up having more. If you concentrate on what you don’t have, you will never, ever have enough." - Oprah Winfrey

“Amateur performers operate from delusion, pros operate from objective reality. The great ones’ habits, actions, and behaviors are totally congruent with the size and scope of their ultimate vision. That’s why we call them champions.” - Steve Siebold

"It is easier to be wise for others than for ourselves." - Alexander Solzhenitsyn, Writer

"Yesterday is but a dream, tomorrow is only a vision. But today, well lived, makes every yesterday a dream of happiness, and every tomorrow a vision of hope. Look well, therefore, to this day, for it is life, the very life of life." - Sanskrit

“As I see it, every day you can do one of two things: build health or produce disease in yourself.” - Adele Davis

“Learn to see in another’s calamity the ills that you should avoid.” - Thomas Jefferson Lipton

“People with goals succeed because they know where they are going... It’s as simple as that." - Earl Nightingale

“Change your direction and you will change your destiny” - Mark Victor Hansen

"We should be taught not to wait for inspiration to start a thing. Action always generates inspiration. Inspiration seldom generates action." - Frank Tibolt

http://www.trainingvisions.com
"The better a man is, the more mistakes he will make, for the more new things he will try. I would never promote to a top-level job a man who was not making mistakes...otherwise he is sure to be mediocre." - Peter Drucker

"I was taught to strive not because there were any guarantees of success, but because the act of striving is in itself the only way to keep faith with life." - Madeleine Albright - US Secretary of State

"Democracy is a process by which the people are free to choose the man who will get the blame." - Laurence J. Peter US educator & writer (1919 - 1988)

"You must take personal responsibility. You cannot change the circumstances, the seasons, or the wind, but you can change yourself. That is something you have charge of. You don’t have charge of the constellations, but you do have charge of whether you read, develop new skills, and take new classes." - Jim Rohn

"A teacher who is attempting to teach, without inspiring the pupil with a desire to learn, is hammering on a cold iron."- Horace Mann

"Remember, no more effort is required in order to aim high in life, to demand abundance and prosperity, than is required to accept misery and poverty." - Napoleon Hill, Think and Grow Rich

"The strangest and most fantastic fact about negative emotions is that people actually worship them." - P. D. Ouspensky

"In the middle of difficulty lies opportunity." - Unkown

"There are only two ways to live your life. One is as though nothing is a miracle. The other is as if everything is." - Albert Einstein

"Real courage is moving forward when the outcome is uncertain." - Michael Angier

"Nothing is a waste of time if you use the experience wisely." - Auguste Rodin, Sculptor

"I am still determined to be cheerful and happy, in whatever situation I may be; for I have also learned from experience that the greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances." - Martha Washington
"There is at least one point in the history of any company when you have to change dramatically to rise to the next level of performance. Miss that moment and you start to decline." - Andy Grove, Intel Chairman

"Money is kind of a base subject. Like water, food, air and housing, it affects everything yet for some reason the world of academics thinks it’s a subject below their social standing." - Robert Kiyosaki

"Concentration comes out of a combination of confidence and hunger." - Arnold Palmer, Golfer

"One’s objective should be to get it right, get it quick, get it out and get it over . . . Your problem won’t improve with age." - Warren Buffett, Investor

"Circumstances may cause interruptions and delays, but never lose sight of your goal. Prepare yourself in every way you can by increasing your knowledge and adding to your experience, so that you can make the most of opportunity when it occurs." - Mario Andretti, Race Car Driver

“The future has several names. For the weak, it is the impossible. For the fainthearted, it is the unknown. For the thoughtful and valiant, it is the ideal.” - Victor Hugo

"Failure comes only when we forget our ideals and objectives and principles." Jawaharal Nehru

"I have not failed. I’ve just found 10,000 ways that won’t work." - Thomas Alva Edison

"Genius without education is like silver in the mine.” - Benjamin Franklin

"You are accountable for what you do, and no one else is accountable." - Edith Martin

"Luck is not chance; it's toil. Fortune's expensive smile is earned." - Emily Dickinson, Poet

"Success is more a function of consistent common sense than it is of genius." - An Wang, Wang Laboratories Founder

"In a time of universal deceit, telling the truth is a revolutionary act." - George Orwell

http://www.trainingvisions.com
“Academic qualifications are important and so is financial education. They’re both important and schools are forgetting one of them.” - Robert Kiyosaki

“Good judgment is gained through experience. Experience is gained through poor judgment.” - Unknown

“The most powerful weapon on Earth is the human soul on fire.” - Ferdinand Foch

“True heroism is remarkably sober, very undramatic. It is not the urge to surpass all others at whatever cost, but the urge to serve others, at whatever cost.” - Arthur Ashe - Tennis Player

“You can find on the outside only what you possess on the inside.” - Adolfo Montiel Ballesteros

“There is nothing more genuine than breaking away from the chorus to learn the sound of your own voice.” - Po Bronson

“Knowledge fueled by emotion equals action. Action is the ingredient that ensures results. Only action can cause reaction. Further, only positive action can cause positive reaction.” - Jim Rohn

“For all sad words of tongue and pen, the saddest are these, 'It might have been'.” - John Greenleaf Whittier

“Take a chance! All life is a chance. The man who goes furthest is generally the one who is willing to do and dare.” - Dale Carnegie

“You must be the change you wish to see in the world.” - Mahatma Gandhi

"Man, alone, has the power to transform his thoughts into physical reality; man, alone, can dream and make his dreams come true." - Napoleon Hill

“Let the world know you as you are, not as you think you should be—because sooner or later, if you’re posing, you will forget the pose and then where are you?” - Fanny Brice

“Follow effective action with quiet reflection. From the quiet reflection will come even more effective action.” - Peter Drucker

"True leadership must be for the benefit of the followers, not the enrichment of the leaders." - Robert Townsend, Executive, Business
"It is not how much we do, but how much love we put in the doing. It is not how much we give, but how much love we put in the giving." - Mother Teresa

"The moment you let avoiding failure become your motivator, you're down the path of inactivity." - Roberto Goizueta, Coca-Cola CEO

"You've got to get to the stage in life where going for it is more important than winning or losing." - Arthur Ashe, Tennis Player

"I judge character not by how men deal with their superiors, but mostly how they deal with their subordinates." - Norman Schwarzkopf, US Army General

"To attain knowledge, add things every day.
To attain wisdom, remove things every day." - Tao Te Ching

"Don't waste your effort on a thing that results in a petty triumph unless you are satisfied with a life of petty issues." - John D. Rockefeller, Industrialist

"Is the rich world aware of how four billion of the six billion live? If we were aware, we would want to help out, we'd want to get involved." - Bill Gates

"If we are strong, our strength will speak for itself. If we are weak, words will be of no help." - John F. Kennedy, 35th US President

"No set goal achieved satisfies. Success only breeds a new goal. The golden apple devoured has seeds. It is endless." - Bette Davis, Actress

"Wherever you see a successful business, someone once made a courageous decision." - Peter Drucker, Educator

"Any woman who understands the problems of running a home will be nearer to understanding the problems of running a country." - Margaret Thatcher, British Ex Prime Minister

"Use the past as a guide for the future, not as an excuse for not dealing with it." Patricia Fripp

"Nearly all men can stand adversity, but if you want to test a man's character, give him power." - Abraham Lincoln, 16th US President

"A company is an organic, living breathing thing, not just an income sheet and balance sheet. You have to lead it with that in mind." - Carly Fiorina, CEO Hewlett-Packard
"Don't wait around for other people to be happy for you. Any happiness you get you've got to make yourself." - Alice Walker, Author

"Money was never a big motivation for me, except as a way to keep score. The real excitement is playing the game." Donald Trump

"Wealth is not a goal. Wealth is a byproduct." - Robert G. Allen

"Money is usually attracted, not pursued." Jim Rohn

"Men is a money-making animal with propensity too often interferes with his benevolence." - Herman Melville

"There is nothing more despicable and pathetic than a man who devotes all hours of his waking day to the making of money only for money's sake." - John D. Rockefeller

"Many speak the truth when they say that they despise riches, but they mean the riches possessed by other men." - Charles Caleb Colton

"Most people are too busy earning a living to make any money." Unknown

"Pattern your Life after success not indifference." - Robert G. Allen

"Knowledge-based innovation has the longest lead time of all innovations." - Peter Drucker, Author, Management Advisor

"Knowledge is the antidote to fear." - Ralph Waldo Emerson

"We go to school to learn to work hard for money. I write books and create products that teach people how to have money work hard for them." - Robert Kiyosaki

"Vitally important for a young man or woman is, first, to realize the value of education and then to cultivate earnestly, aggressively, ceaselessly, the habit of self-education." - BC Forbes

"I knew there was a way out. I knew there was another kind of life because I had read about it. I knew there were other places, and there was another way of being." - Oprah Winfrey
"We are approaching a new age of synthesis. Knowledge cannot be merely a degree or a skill. It demands a broader vision, capabilities in critical thinking and logical deduction without which we cannot have constructive progress." - Li Ka Shing

"Don't fight forces - use them." - Buckminster Fuller, Inventor, Philosopher

"Happiness is not in the mere possession of money; it lies in the joy of achievement, in the thrill of creative effort." - Franklin D. Roosevelt

"Information technology and business are becoming inextricably interwoven. I don't think anybody can talk meaningfully about one without the talking about the other." - Bill Gates

"If you have only one smile in you, give it to the people you love. Don’t be surly at home, then go out in the street and start grinning 'Good Morning' at total strangers." - Maya Angelou

"Be civil to all; sociable to many; familiar with few; friend to one; enemy to none." - Benjamin Franklin, Statesman

"The Way is not difficult; only there must be no wanting or not wanting." - Chao-Chou.

"How shall I grasp it? Do not grasp it. That which remains when there is no more grasping is the Self." - Panchadasi.

"Zen has nothing to grab on to. When people who study Zen don’t see it, that is because they approach it too eagerly." - Ying-An.

"To have courage for whatever comes in life - everything lies in that." - Mother Teresa

"Small opportunities are often the beginning of great enterprises." - Demosthenes (384 BC - 322 BC)

"Everyone has his own specific vocation or mission in life; everyone must carry out a concrete assignment that demands fulfillment. Therein he cannot be replaced, nor can his life be repeated, thus, everyone’s task is unique as his specific opportunity." - Viktor Frankl
“Everyone has a talent. What is rare is the courage to nurture it in solitude
and to follow the talent to the dark places where it leads.” - Erica Jong

"The individual activity of one man with backbone will do more than a thousand
men with a mere wishbone." - William J. Boetcker

"It sounds boring, but anything is easy to start - starting a novel, starting a
business … it’s keeping the thing going that is difficult." - Prue Leith

"Take the negativity, conquer it with indifference, and use it to achieve your
goal, wealth, health and happiness" – Rasheed Ali

"Your most unhappy customers are your greatest source of learning."– Bill Gates, Microsoft Inc. Company Founder and Chairman

"If you aren’t fired by enthusiasm, you will be fired with enthusiasm." - Vince Lombardi, Football Coach

"Education is simply the soul of a society as it passes from one generation to
another." - G. K. Chesterton, Writer

"Don’t ask yourself what the world needs; ask yourself what makes you come
alive. And then go and do that. Because what the world needs are people who
have come alive." - Harold Whitman

"Be careful what you do, because what you do is what you end up doing."- Hans Glint

"You can do anything you want to do, but you can not do all the things you want
to do." - Hans Glint

"Like almost everyone who uses e-mail, I receive a ton of spam every day.
Much of it offers to help me get out of debt or get rich quick. It would be
funny if it weren’t so exciting." - Bill Gates

"Success is the ability to go from one failure to another with no loss of
enthusiasm." -Winston Churchill, British statesman

"Lots of people want to ride with you in the limo, but what you want is someone
who will take the bus when the limo breaks down." – Oprah Winfrey, talk-show
host, producer
"The human brain starts working the moment you are born and never stops until you stand up to speak in public." - George Jessel

"Make sure you have finished speaking before your audience has finished listening." - Dorothy Sarnoff

"A single act of kindness throws out roots in all directions, and the roots spring up and make new trees. The greatest work that kindness does to others is that it makes them kind themselves." - Amelia Earhart, Aviator

"Every idea you present must be something you could get across easily at a cocktail party with strangers." - Jack Welch, ex CEO General Electric

"Courage and perseverance have a magical talisman, before which difficulties disappear and obstacles vanish into air." - John Quincy Adams, 6th US president

"It matters not how strait the gate, How charged with punishment the scroll; I am the master of my fate, I am the captain of my soul." - James Allen

"Dear to us are those who love us... but dearer are those who reject us as unworthy, for they add another life; they build a heaven before us whereof we had not dreamed, and thereby supply to us new powers out of the recesses of the spirit, and urge us to new and unattempted performances." - Ralph Waldo Emerson

"When you dance, your purpose is not to get to a certain place on the floor. It's to enjoy each step along the way." - Wayne Dyer

"The Internet will help achieve "friction free capitalism" by putting buyer and seller in direct contact and providing more information to both about each other." - Bill Gates

"We must have a theme, a goal, a purpose in our lives. If you don't know where you're aiming, you don't have a goal. My goal is to live my life in such a way that when I die, someone can say, she cared." - Mary Kay Ash

"Each of us needs all of us, and all of us need each of us" - Jim Rohn
“Actually I did not invent the seven habits, they are universal principles and most of what I wrote about is just common sense. I am embarrassed when people talk about the Covey Habits, and dislike the idea of being some sort of guru.” - Stephen Covey

“No one knows exactly where thought comes from, but it can be said that thought comes from the same place as whatever it is that beats our heart. It comes from being alive.” - Richard Carlson

“I find that when you have a real interest in life and a curious life, that sleep is not the most important thing.” - Martha Stewart

“We are the creative force of our life, and through our own decisions rather than our conditions, if we carefully learn to do certain things, we can accomplish those goals.” - Stephen Covey

“This was work (music industry) but it was the awakening to what was to become a life’s passion.” - Clive Davis

“A man who dares to waste one hour of life has not discovered the value of life.” - Charles Darwin

“Doing what you love is the cornerstone of having abundance in your life.” - Wayne Dyer

“It’s much easier for me to make major life, multi-million dollar decisions, than it is to decide on a carpet for my front porch. That's the truth.” - Oprah Winfrey

“You are doomed to make choices. This is life’s greatest paradox.” - Wayne Dyer

“Succeeding is not really a life experience that does that much good. Failing is a much more sobering and enlightening experience.” - Michael Eisner, CEO Disney

“Life is a succession of lessons which must be lived to be understood.” - Ralph Waldo Emerson - Learning

“Don’t be too timid and squeamish about your actions. All life is an experiment.” - Ralph Waldo Emerson
“If money is your hope for independence you will never have it. The only real security that a man will have in this world is a reserve of knowledge, experience, and ability.” - Henry Ford

“There never was a good war or a bad peace.” - Benjamin Franklin

“Up, sluggard, and waste not life; in the grave will be sleeping enough.” - Benjamin Franklin

“Is the rich world aware of how four billion of the six billion live? If we were aware, we would want to help out, we’d want to get involved.” - Bill Gates

“It’s all about quality of life and finding a happy balance between work and friends and family.” - Philip Green

"Consciously or unconsciously, every one of us does render some service or other. If we cultivate the habit of doing this service deliberately, our desire for service will steadily grow stronger and we will make not only our own happiness, but that of the world at large." - Mahatma Gandhi

“In all realms of life it takes courage to stretch your limits, express your power, and fulfill your potential. It’s no different in the financial realm." - Suze Orman

“I love the market, it is my work, my play and my life.” - Rene Rivkin

“I do not deny that many appear to have succeeded in a material way by cutting corners and by manipulating associates, both in their professional and in their personal lives. But material success is possible in this world and far more satisfying when it comes without exploiting others.” - Alan Greenspan

"Most people struggle with life balance simply because they haven't paid the price to decide what is really important to them.” - Stephen Covey

“It is decidedly not true that 'nice guys finish last'.” - Leo Durocher

“Getting money is not all a man's business: to cultivate kindness is a valuable part of the business of life.” - Samuel Johnson

“There is an immutable conflict at work in life and in business, a constant battle between peace and chaos. Neither can be mastered, but both can be influenced. How you go about that is the key to success.” - Philip Knight
“Fortunes are made, and disappear, over the lifetime of a single generation. Today, a person in essence takes his wealth from society just for the duration of his or her lifetime. The next generation has to create it anew.” - Mikhail Khodorkovsky

“People first, then money, then things.” - Suze Orman

“I think one can achieve a very pleasant lifestyle by treating human beings, fellow human beings, very well.” - Rene Rivkin

“How am I going to live today in order to create the tomorrow I’m committed to?” - Anthony Robbins

“The man who does not work for the love of work but only for money is not likely to make money nor find much fun in life.” - Charles Schwab

“Anyone who thinks my story is anywhere near over is sadly mistaken.” - Donald Trump

“What you do speaks so loudly that I cannot hear what you say.” - Ralph Waldo Emerson

“The world and life have been mighty good to me. And I want to put something back.” - Ted Turner

“It seems that we have it backward in our society. We tend to look up to people who are under a great deal of stress, who can handle loads of stress, and those who are under a great deal of pressure.” - Richard Carlson

“A big part of financial freedom is having your heart and mind free from worry about the what-ifs of life.” - Suze Orman

“I’m convinced that we can write and live our own scripts more than most people will acknowledge. I also know the price that must be paid. It’s a real struggle to do it. It requires visualization and affirmation. It involves living a life of integrity, starting with making and keeping promises, until the whole human personality the senses, the thinking, the feeling, and the intuition are ultimately integrated and harmonized.” - Stephen Covey

“We are not animals. We are not a product of what has happened to us in our past. We have the power of choice.” - Stephen Covey
"What material success does is provide you with the ability to concentrate on other things that really matter. And that is being able to make a difference, not only in your own life, but in other people’s lives." - Oprah Winfrey

“You can have everything in life that you want if you will just help enough other people get what they want.” Zig Ziglar

"You will become as great as your dominant aspiration...if you cherish a vision in your heart, you will realize it. - James Allen

“The difference between the impossible and the possible lies in not giving up.” - Tommy Lasorda

"The important thing is to learn a lesson every time you lose." - John McEnroe, tennis champion

"You can’t help someone get up a hill without getting closer to the top yourself." - H. Norman Schwarzkopf, US Army General

"You’ll never get the best from employees by trying to build a fire under them — you’ve got to build a fire within them." - Bob Nelson

"In the business world, the rearview mirror is always clearer than the windshield." - Warren Buffet, Financier

"The way this works is, you do the thing that scares you most and you get the confidence afterwards!" George Clooney, 3 Kings.

“The great aim of education is not knowledge but action.” - Herbert Spencer

“Teachers open the door. You enter by yourself." - Chinese Proverb

"If you don’t sell, it’s not the product that’s wrong - it’s you." - Estee Lauder

"A leader has the vision and conviction that a dream can be achieved. He inspires the power and energy to get it done." - Ralph Lauren, Designer and Businessman

"Do not go where the path may lead, go instead where there is no path and leave a trail." - Waldo Emerson

"We know what we are, but know not what we may be." - William Shakespeare
"It's hard for young players to see the big picture. They just see three or four years down the road." - Kareem Abdul-Jabar (b. 1947), American collegiate and NBA basketball player

"Man's mind stretched to a new idea never goes back to its original dimensions" - Oliver Wendell Holmes

"Give a lot of thought to the future because that is where you are going to spend the rest of your life." - Charles Kettering

"Champions aren't made in gyms. Champions are made from something they have deep inside them. A desire, a dream, a vision. They have to have the skill and the will. But the will must be stronger than the skill." - Muhammad Ali, box champion

"The time you enjoy wasting is not wasted time." - Bertrand Russell

"Remember, a dead fish can float downstream, but it takes a live one to swim upstream." - W. C. Fields, Actor and Comedian

"You must avoid the investigation trap you can't postpone tough decisions by studying them to death." - Percy Barnevik, executive

"Luck is a dividend of sweat. The more you sweat, the luckier you get." - Ray Kroc, McDonald's founder

"Great things are done by a series of small things brought together." - Vincent Van Gogh, artist

"Never assume the obvious is true." - Albert Einstein

"Nothing in the world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men of talent. Genius will not . . . the world is full of educated derelicts." - Calvin Coolidge, 30th US President

"Nothing in life is to be feared. It is only to be understood." - Marie Curie, physicist

"If I have ever made any valuable discoveries, it has been owing more to patient attention than to any other talent." - Isaac Newton, mathematician, physicist

http://www.trainingvisions.com
"Never tell people how to do things. Tell them what to do, and they will surprise you with their ingenuity." - George S. Patton

"I knew there was a way out. I knew there was another kind of life because I had read about it. I knew there were other places, and there was another way of being." - Oprah Winfrey

"Money isn't the most important thing in life, but it's reasonably close to oxygen on the "gotta have it" scale." - Zig Ziglar

"Begin with praise and honest appreciation. Call attention to people's mistakes indirectly. Talk about your own mistakes before criticizing the other person. Ask questions instead of giving direct orders... Make the fault easy to correct. Make the other person happy about doing what you suggest." - Dale Carnegie

"Some of us are timid. We think we have something to lose, so we don't try for the next hill." - Maya Angelou

"As long as you're going to think anyway, think big." - Donald Trump, Real Estate giant

"To a brave man, good and bad luck are like his right and left hand. He uses both." - St Catherine of Siena

"I take advice from five wise men: Mr Who, Mr Where, Mr What, Mr Why and Mr When" - Unknown

"Good plans shape good decisions. That's why good planning helps to make elusive dreams come true." - Lester R. Bittel

"Concentration, in its truest, unadulterated form, means the ability to focus the mind on one single solitary thing." - Komar

"Be not afraid of life. Believe that life is worth living and your belief will help create the fact." - William James, psychologist

"The first requisite of success is the ability to apply your physical and mental energies to one problem without growing weary." - Thomas Edison

"Reading without reflection is like eating without digesting." - Edmund Burke
"The road of success is like running up an escalator going down, you need to keep running, if you walk, you stand still, if you stop you are going down!" – Anneloes Zuiderveen

“Authority does not make you a leader It gives you the opportunity to be one.”  
- Anonymous

“If you limit your choices only to what seems possible or reasonable, you disconnect yourself from what you truly want, and all that is left is a compromise.” - Robert Fritz

"Action may not always be happiness, but there is no happiness without action."- Benjamin Disraeli, British Statesman

"Most of the important things in the world have been accompanied by people who have kept on trying when there seemed to be no hope at all." – Dale Carnegie, author

"Life is mostly froth and bubble, Two things stand like stone, Kindness in another's trouble, Courage in your own" - Adam Lindsay Gordon

“The work of the individual still remains the spark that moves mankind forward.” - Igor Sikorsky

"Would you like me to give you a formula for success? It's quite simple, really. Double your rate of failure. You are thinking of failure as the enemy of success. But it isn't at all. You can be discouraged by failure - or you can learn from it. So go ahead and make mistakes. Make all you can. Because remember that's where you will find success." - Thomas J. Watson

“I don’t think you ever stop giving. I really don’t. I think it’s an on-going process. And it’s not just about being able to write a check. It’s being able to touch somebody’s life.” - Oprah Winfrey

“I believe that being successful means having a balance of success stories across the many areas of your life. You can’t truly be considered successful in your business life if your home life is in shambles.” - Zig Ziglar

"The biggest mistake people make in life is not making a living at doing what they most enjoy." – Malcolm S. Forbes
“There are a thousand excuses for every failure but never a good reason.” - Mark Twain

"We cannot cross the sea merely by staring at the water." - Rabindranath Tagore

"The big challenge is to become all that you have the possibility of becoming. You cannot believe what it does to the human spirit to maximize your human potential and stretch yourself to the limit." Jim Rohn

"A man is a success if he gets up in the morning and gets to bed at night, and in between he does what he wants to do." Bob Dylan

"The noblest search is the search for excellence." - Lyndon B. Johnson

"I do not try to dance better than anyone else. I only try to dance better than myself." - Famous Ballet Dancer

"Writing is the gold standard of communication. Learn to do it well and see more gold." -- Chris Widener

"Indecision is the thief of opportunity." -- Jim Rohn

"Life is not easy for any of us. But what of that? We must have perseverance and, above all, confidence in ourselves. We must believe that we are gifted for something, and that this something, at whatever cost, must be attained." - Marie Curie

"The will to believe is perhaps the most powerful, but certainly the most dangerous, human attribute." - Dero Ames Saunders

"Would that I could stand on a busy corner, hat in hand, and beg people to throw me all their wasted hours." Bernard Berenson

"Excellence is the gradual result of always striving to do better." - Pat Riley

"Do what you love to do and commit yourself to doing it in an excellent fashion." - Brian Tracy

"You don't get to choose how you're going to die. Or when. You can only decide how you're going to live. And that is Now." - Joan Baez Singer
"Fear is that little darkroom where negatives are developed." - Michael Pritchard

“The first law of success is concentration - to bend all the energies to one point, and to go directly to that point, looking neither to the right or to the left.” - William Mathews

"Failure will never overtake me if my determination to succeed is strong enough." - Og Mandino

“If you are never scared, embarrassed or hurt, it means you never take chances.” - Julia Soul

"Courage is not the lack of fear. It is acting in spite of it." - Mark Twain, author

"One person with courage makes a majority." - Andrew Jackson, US President

"All life is a chance. So take it! The person who goes furthest is the one who is willing to do and dare." - Dale Carnegie

“Understand that most problems are a good sign. Problems indicate that progress is being made, wheels are turning, you are moving toward your goals. Beware when you have no problems. Then you’ve really got a problem . . . Problems are like landmarks of progress.” - Scott Alexander

“The world always steps aside for people who know where they’re going.” - Miriam Viola Larsen

"They can conquer who believe they can." - Virgil, Roman Poet

"Strength does not come from physical capacity. It comes from an indomitable will.” - Mahatma Gandhi

“The secret of man’s being is not only to live but to have something to live for. Without a stable conception of the object of life, man would not consent to go on living.” The Grand Inquisitor in Dostoyevsky’s The Brothers Karamazov

"If everybody else is doing it one way, there’s a good change you can find your niche by going in exactly the opposite direction.” - Sam Walton, Wal-Mart Founder
"Audiences don’t care what you’ve done. They care about what you’ve learned." - Mark Sanborn, Past President, National Speakers Association

"All difficult things have their origin in that which is easy, and great things in that which is small." - Lao-Tzu

"It is the business of little minds to shrink, but he whose heart is firm, and whose conscience approves his conduct, will pursue his principles unto death." - Thomas Paine

"You will become as great as your dominant aspiration...if you cherish a vision in your heart, you will realize it." - James Allen, As You Think.

"Cherish your visions and your dreams, as they are the children of your soul, the blueprints of your ultimate accomplishments." - Napoleon Hill

"Cold words freeze people, and hot words scorch them, and bitter words make them bitter, and wrathful words make them wrathful. Kind words also produce their own image on men’s souls; and a beautiful image it is. They smooth and quiet, and comfort the hearer." – Pascal

"People have to be responsible for their own thoughts, so they have to learn to control them. It may not be easy, but it can be done. First of all, if we don’t want to think certain things we don’t say them. We don’t have to eat everything we see, and we don’t have to say everything we think. So we begin by watching our words and speaking only with purpose" - Rolling Thunder

"I didn’t want to say "No" because I didn’t want people to think I’m not nice. And that, to me, has been the greatest lesson of my life: to recognize that I am solely responsible for it, and not trying to please other people, and not living my life to please other people, but doing what my heart says all the time." - Oprah Winfrey

"You will succeed best when you put the restless, anxious side of affairs out of mind, and allow the restful side to live in your thoughts." - Margaret Stowe

"I don’t know the key to success, but the key to failure is to try to please everyone." - Bill Cosby Comedian, Actor and Author

"Make no little plans; they have no magic to stir men’s blood . . . Make big plans, aim high in hope and work." - Daniel Burnham, Architect

http://www.trainingvisions.com
"It is not your part to guide or supervise the creative process. All you have to do with that is to retain your vision, stick to your purpose, and maintain your faith and gratitude." - Wallace D. Wattles

"Millions long for immortality and they do not know what to do with themselves on a lonely Sunday afternoon." - Murphy

"The world cares very little about what a man or woman knows; it is what a man or woman is able to do that counts." - Booker T. Washington

“Do unto others as they would have you do unto them." - Dr. Tony Alessandra

"How you spend your time is more important than how you spend your money. Money mistakes can be corrected, but time is gone forever." - David Norris

"If we begin with certainties, we shall end in doubts; but if we begin with doubts, and we are patient in them, we shall end in certainties. - Sir Francis Bacon (1561-1626), English philosopher, essayist, statesman

"When you engage in systematic, purposeful action, using and stretching your abilities to the maximum, you cannot help but feel positive and confident about yourself." - Brian Tracy

"If money is your hope for independence, you will never have it. The only real security that a man will have in this world is a reserve of knowledge, experience and ability." - Henry Ford

"Don't treat others the way you want to be treated. Treat others the way THEY want to be treated." - Vic Johnson

"You control your life by controlling your time." - Conrad Hilton

"Nearly all men can stand adversity, but if you want to test a man's character, give him power." - Abraham Lincoln

"I take nothing for granted. I now have only good days, or great days." - Lance Armstrong

"Few cases of eye strain have been developed by looking on the bright side of things." - Unknown

"Enthusiasm spells the difference between mediocrity and accomplishment." - Norman Vincent Peale, Clergyman, Author
"Property may be destroyed and money may lose its purchasing power; but character, health, knowledge and good judgment will always be in demand under all conditions." - Roger Babso

"I never could have done what I have done without the habits of punctuality, order, and diligence, without the determination to concentrate myself on one subject at a time." - Charles Dickens

"When you are in any contest, you should work as if there were - to the very last minute - a chance to lose it." - Dwight Eisenhower, 34th US President

"When it's time to make a decision about a person or problem, trust your intuition (and) act." - Bud Hadfield, executive

"Everyone who's ever taken a shower has an idea. It's the person who gets out of the shower, dries off and does something about it, who makes a difference." - Nolan Buhnell

"A man that cannot be bothered to do little things, cannot be trusted to do big things." - Lawrence Bell, aviation executive

"The future of civilization depends on our overcoming the meaninglessness and hopelessness that characterizes the thoughts of men today." - Albert Schweitzer

"Big problems arise from small problems. The wise takes care of all his small problems. Thus he has no problems." - Tao

"My great concern is not whether you have failed, but whether you are content with your failure." - Abraham Lincoln

"Live your life each day as you would climb a mountain. An occasional glance towards the summit keeps the goal in mind, but many beautiful scenes are to be observed from each new vantage point." - Harold B. Melchart

"Imagination grows by exercise..." - W. Somerset Maugham

"If opportunity doesn't knock, build a door." - Milton Berle

"Common Sense is not very common." - Albert Einstein

"Good will is the one and only asset that competition cannot undersell or destroy." - Marshall Field
"Seize the moment of excited curiosity on any subject to solve your doubts; for if you let it pass, the desire may never return, and you may remain in ignorance." - William Wirt

"Nothing will ever be attempted if all possible objections must first be overcome." - Samuel Johnson

“Success is a journey, not only a destination. The doing is often more important than the outcome.” - Arthur Ashe

"Truth has no special time of its own. Its hour is now - always." - Albert Schweitzer

“No great man ever complains of want of opportunity.” - Ralph Waldo Emerson

"Learning is not attained by chance; it must be sought for with ardor and attended to with diligence.” - Abigail Adams

"The real voyage of discovery consists of not in seeking new landscapes but in having new eyes." - Marcel Proust

"Have something to say, and say it as clearly as you can. This is the only secret to style.” - Matthew Arnold

"If you think you can or if you think you can’t either way, you are right!" - Henry Ford

“All life is a chance. So take it! The person who goes furthest is the one who is willing to do and dare.” - Dale Carnegie

"Keep your fears to yourself, but share your courage with others.” - Robert Louis Stevenson

We as human beings have the power of attitude and that attitude determines choice, and choice determines results - Jim Rohn

"Happiness is not something you postpone for the future; it is something you design for the present." - Zig Ziglar

“The future has several names. For the weak, it is the impossible. For the fainthearted, it is the unknown. For the thoughtful and valiant, it is the ideal.” - Victor Hugo
"How we spend our days is, of course, how we spend our lives." - Annie Dillard

"Reading is a means of thinking with another person’s mind; it forces you to stretch your own." - Charles Scribner Jr., Publisher

“You must learn how to handle difficulty; it always comes after opportunity.” - Jim Rohn

“It is our attitude at the beginning of a difficult task which, more than anything else, will affect it’s successful outcome.” - William James

“No great performance came from holding back” - Don Greene

"To be nobody-but-yourself - in a world which is doing its best, night and day, to make you somebody else - means to fight the hardest battle which any human being can fight; and never stop fighting.” - E. E. Cummings, American Poet & Author

“When you are clear on what you want in your life, it will show up and only to the extent you are clear.” - Janet Bray Attwood

"Prosperity is not just having things. It is the consciousness that attracts the things. Prosperity is a way of living and thinking, and not just having money or things. Poverty is a way of living and thinking, and not just a lack of money or things.” - Eric Butterworth

“Leadership rests not only on outstanding ability. It also rests on commitment, loyalty and pride. It rests on followers who are ready to accept guidance. Leadership is the ability to direct people and - more important - to have those people accept the direction.” - Vince Lombardi

“Transform challenge into choices, obstacles into opportunity, and tragedy into triumph” - Randy Gage.

“Even if you’re on the right track, you’ll get run over if you just sit there.” - Will Rogers

“What we see depends mainly on what we look for.” - Sir John Lubbock

“Everyone has his burden. What counts is how you carry it.” - Unknown
"Once you embrace unpleasant news, not as a negative but as evidence of a need for change, you aren't defeated by it. You're learning from it." - Bill Gates

"Take chances, make mistakes. That's how you grow. Pain nourishes your courage. You have to fail in order to practice being brave." - Mary Tyler Moore

"Only a man who knows what it is like to be defeated can reach down to the bottom of his soul and come up with the extra ounce of power it takes to win when the match is even." - Muhammad Ali

“You haven't failed until you quit trying.” - Unknown

"There are a thousand hacking at the branches of evil to one who is hacking at the roots." - Henry David Thoreau

"If we have our own “why” of life, we can clear almost any “how.”” - Friedrich Nietzsche

"There will be a time when loud-mouthed, incompetent people seem to be getting the best of you. When that happens, you only have to be patient and wait for them to self-destruct. It never fails.” - Richard Rybolt

“To earn more, you must learn more.” - Brian Tracy

"The definition of insanity is doing the same thing over and over and expecting different results."- Benjamin Franklin (and often attributed to Einstein, as well)

"If you are not committed to getting better at what you are doing, you are bound to get worse.” - Pat Riley, The Winner Within

"Don’t wish it were easier, wish you were better. Don’t wish for fewer problems, wish for more skills. Don’t wish for less challenge, wish for more wisdom." - Mr. Shoaf, mentor of Jim Rohn

"Develop your willpower so that you can make yourself do what you should do, when you should do it, whether you feel like it or not." - Brian Tracy
"Aim for success, not perfection. Never give up your right to be wrong, because then you will lose the ability to learn new things and move forward with your life."  – Dr. David M. Burns

"Integrity makes my job easier. It's deception and dishonesty that requires so much diligent effort."  – Bobby Bowden

"The starting point of all achievement is desire. Keep this constantly in mind. Weak desires bring weak results, just as a small amount of fire makes a small amount of heat."  – Napoleon Hill

"If a man empties his purse into his head, no man can take it away from him. An investment in knowledge always pays the best interest."  – Ben Franklin

"For my part, whatever anguish of spirit it may cost, I am willing to know the whole truth - to know the worst and provide for it."  – Patrick Henry

"You are what you are today because of the choices you made in the past."  – Jim Rohn

"A discovery is said to be an accident meeting a prepared mind."  – Albert Szent-Gyorgi

"Everything comes to he who hustles while he waits."  – Thomas Edison

"Noise proves nothing. Often a hen that has merely laid an egg cackles as if she laid an asteroid."  – Mark Victor Hansen

"You can't dig a new well by digging the same hole deeper."  – Edward De Bono

"Change your mind ... and EVERYTHING changes."  – Unknown

"Example is not the main thing in influencing others, it is the only thing."  – Albert Schweitzer

"The secret to success is to start from scratch and keep on scratching."  – Dennis Green

"It is amazing what can be accomplished when nobody cares about who gets the credit."  – Robert Yates
“Have patience with all things, but chiefly have patience with yourself. Do not lose courage in considering your own imperfections, but instantly set about remedying them – every day begins with the task a new.” – St Francis de Sales

“Knowing is not enough; we must apply. Willing is not enough; we must do.” – Johann von Goethe

“We want to reach for the stars and not merely across the table.” – Denise Magyar

“Positive anything is better than negative nothing.” – Elbert Hubbard

“Argue for your limitations, and sure enough, they’re yours.” – Richard Bach

“It is not the mountain that we conquer, but ourselves.” – Edmund Hillary

“Together, one person, one course at a time we can transform the world.” – T. Harv Eker

“Find the good. It’s all around you. Find it, showcase it and you’ll start believing in it.” – Jesse Owens

“We must never allow our mediocre successes to cloud our future expectations.” – M. Avis

“We are sitting in the shade today because someone planted a tree a long time ago.” – Warren Buffett

“Positive feedback is the breakfast of champions.” – Ken Blanchard

“Success is the proper utilization of failure.” – Unknown

“Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all.” – Dale Carnegie

“Maturity is achieved when a person postpones immediate pleasures for long-term values.” – Joshua L. Liebman

“You’re on the road to success when you realize that failure is only a detour.” – Unknown

http://www.trainingvisions.com
“Success is a lousy teacher. It seduces smart people into thinking they can’t lose.” - Bill Gates

“Remember, when you were made a leader, you weren’t given a crown, you were given a responsibility to bring out the best in others. For that, your people need to trust you.” - Jack Welch, former CEO, General Electric

“Employ your time in improving yourself by other men’s writings so that you shall come easily by what others have labored hard for.” - Socrates

“I am not discouraged, because every wrong attempt discarded is another step forward.” - Thomas A. Edison

“Pessimist: A person who says that O is the last letter in ZERO, Instead of the first letter in word OPPORTUNITY.” - Unknown

“You are a product of your environment. So choose the environment that will best develop you toward your objective. Analyze your life in terms of its environment. Are the things around you helping you toward success - or are they holding you back?” -- W. Clement Stone

“Hope, purpose and determination are not merely mental states. They have electrochemical connections that affect the immune system.” - Norman Cousin

“Concentration, in its truest, unadulterated form, means the ability to focus the mind on one single solitary thing.” - Komar

“Don’t give up trying to do what you really want to do. Where there is love, inspiration and hard work. I don’t think you can go wrong.” - Ella Fitzgerald

“Real integrity is doing the right thing, knowing that nobody’s going to know whether you did it or not.” - Oprah Winfrey

“There is never enough time to do everything, but there is always enough time to do the most important thing.” - Unknown

“When you go through the bottom of one thing, you wind on the top of another.” - Unknown

“The illiterate of the 21st century will not be those who cannot read and write but those who cannot learn, unlearn, and relearn.” - Alvin Toffler
“The ultimate measure of a man is not where he stands in moments of comfort, but where he stands in time of challenge and controversy” – Martin Luther King Jr.

“Dreams are extremely important. You can’t do it unless you imagine it.” - George Lucas

“Imagination is more important than knowledge” – Albert Einstein

“The wisest mind has something yet to learn.” – George Santayana, Philosopher and Poet

“The greatest discovery of my generation is that human beings can alter their lives by altering their attitudes of mind.” – William James

“Most successful men have not achieved their distinction by having some new talent or opportunity presented to them. They have developed the opportunity that was at hand.” – Unknown

“Nothing is a more powerful agent for attracting and keeping talented people than a clear vision, especially if the organization is living that vision and achieving its goals.” – Gary Hoover

“Nothing works until you do.” – Mike Brescia

“The mere fact that you have obstacles to overcome is in your favor.” – Robert Collier

“Courage is a special kind of knowledge; the knowledge of how to fear what ought to be feared and how not to fear what ought not to be feared.” – David Ben-Gurion

“Defensive strategy never has produced ultimate victory.” – Douglas MacArthur

“...my father treated me with very stern discipline: he trusted me. I've got to see the trust through. He trusted me. I trust other people. And they do the job.” – Robert Galvin, Jr., former CEO, Motorola

“I have never seen pessimists make anything work, or contribute anything of lasting value.” – Harry Truman
"To be healthy, wealthy, happy and successful in any and all areas of your life you need to be aware that you need to think healthy, wealthy, happy and successful thoughts 24 hours a day and cancel all negative, destructive, fearful and unhappy thoughts. These two types of thought cannot coexist if you want to share in the abundance that surrounds us all." – Sidney Madwed

“Power is not revealed by striking hard or often, but by striking true.” - Honore de Balzac

"The starting point of all achievement is desire. Keep this constantly in mind. Weak desires bring weak results." - Napoleon Hill

"If I accept you as you are, I will make you worse; however, if I treat you as though you are what you are capable of becoming, I help you become that." - Goethe, in Philosophy

“In business, the competition will bite you if you keep running; if you stand still, they will swallow you.” - William Knudsen Jr.

“Attitude determines choice, and choice determines results.” – Jim Rohn

"Ninety-nine percent of failures come from people who have the habit of making excuses." - George Washington Carver, Botanist

"Life has no special time of it’s own. Its hour is now - always." - Albert Schweitzer

"The truth is that there is nothing noble in being superior to somebody else. The only real nobility is in being superior to your former self." - Whitney Young, Civil rights leader (1921-1971)

“So, I learn from my mistakes. It’s a very painful way to learn, but without pain, the old saying is, there’s no gain." - Johnny Cash

"There is no inevitability in history except as men make it." - Felix Frankfurter, US Supreme Court Justice

“It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change.” - Charles Darwin

"The greatest of faults is to be conscious of none." - Thomas Carlyle, Essayist, Historian
"If an individual wants to be a leader and isn't controversial, that means he never stood for anything." - Richard M. Nixon

"Champions aren't made in the gyms. Champions are made from something they have deep inside them - a desire, a dream, a vision." - Muhammad Ali, American Boxer

"A man who wants to lead the orchestra must turn his back on the crowd." - James Crook

"You will either step forward into growth or you will step back into safety." - Abraham Lincoln, 16th US President

"Rowing harder doesn't help if the boat is headed in the wrong direction." - Kenichi Ohmae

"Good Leaders make people feel that they're at the very heart of things, not at the periphery. Everyone feels that he or she makes a difference to the success of the organization. When that happens people feel centered and that gives their work meaning." - Warren Bennis

"The test we must set for ourselves is not to march alone but to march in such a way that others will wish to join us." - Hubert Humphrey, former US Vice President,

"Order and simplification are the first steps toward the mastery of a subject." - Thomas Mann

"There are many truths of which the full meaning cannot be realized until personal experience has brought it home." - John Stuart Mill

"When will transformation begin? It starts at the moment you decide to change. That's why it's so vital for you to stop for a moment and come face to face with one aspect of your life that needs drastic action immediately." -- Neil Eskelin

"We must concentrate not merely on the negative expulsion of war but the positive affirmation of peace." Martin Luther King, Jr.

"There are risks and cost to a program of action, but they are far less than the long-term risks and cost of a comfortable program of inaction." - John F. Kennedy
"Benjamin Franklin may have discovered electricity, but it is the man who invented the meter who made the money." - Earl Warren

“I don’t measure my “success” every day. I measure how much we have left to do. In that sense, business success is just a form of persistence.” – Daniel Snyder

"Pleasure in the job puts perfection in the work." - Aristole

“Give your workers more sophisticated jobs along with better tools and you’ll discover your employees will become more responsible and bring more intelligence to their work.” – Bill Gates

"We are here to add what we can do, not to get what we can from life." - William Osler, Physician

"Hard work spotlights the character of people: some turn up their sleeves, some turn up their noses and some don’t turn up at all" – Sam Ewing

“Everybody thinks of changing humanity, but nobody thinks of changing himself." – Leo Tolstoy

“If you really want something, and really work hard, and take advantage of opportunities, and never give up, you will find a way.” – Jane Goodall

“We must have long term goals, to keep us from being frustrated by short-term failures." – Charles C. Noble

"A great flame follows a little spark." – Dante Alighieri, Poet

"Everything we call a trial, a sorrow, or a duty, believe me... the gift is there and the wonder of an overshadowing presence." - Fra Giovanni

"Someone once asked me what is the hardest part about creating what you want? My reply was 'Learning to stop figuring out how you will get what you want."’ - Jim Rohn

“If you try to figure out how you will get what you want you will limit yourself to what your ego or conditioned mind can do. The key to creating what you want is to turn your desire or your goal over to your subconscious which is connected to the Universal Mind or Universal Subconscious and let it bring the goal to you and you to your goal." - Dr. Robert Anthony
"The entrepreneur is essentially a visualizer and an actualizer... He can visualize something, and when he visualizes it he sees exactly how to make it happen." - Robert Schwartz

"Practice means to perform, over and over again in the face of all obstacles, some act of vision, of faith, of desire." - Martha Graham

"Practice is the best of all instructors." - Publius Syrus

"Either do or do not. There is no Try." - Yoda (Jedi Master)

"Low self-esteem is like driving through life with your hand-break on." - Maxwell Maltz

"Think highly of yourself, for the world takes you at your own estimate." - Unknown

"I am not what happened to me. I am what I choose to become." - Carl Jung

"Education is not the filling of a pail, but the lighting of a fire." - William Butler Yeats, Irish Poet and Dramatist

"The winds and waves are always on the side of the ablest navigators." - Edward Gibbon, Historian

"Making the simple complicated is commonplace; making the complicated simple, awesomely simple, that's creative." - Charles Mingus

"Better to light one small candle than to curse the darkness." - Chinese Proverb

"If opportunity doesn't knock, build a door." - Milton Berle, Actor

"True commitment...is the power of getting out of any situation all that there is in it. It is arduous, and it is rare." - G.K. Chesterton

"Employ your time in improving yourself by other men's writings so that you shall come easily by what others have labored hard for." - Unknown

"The price of greatness is responsibility." - Winston Churchill

"We are not human beings on a spiritual journey. We are spiritual beings on a human journey." - Stephen Covey

http://www.trainingvisions.com
"Laziness is a secret ingredient that goes into failure. But it’s only kept a secret from the person who fails.” – Robert Half

“Few things help an individual more than to place responsibility upon him, and to let him know that you trust him” – Booker T. Washington

"The virtue of man ought to be measured, not by his extraordinary exertions, but by his everyday conduct.” - Blaise Pascal

"People who spend a week choosing a furniture refinisher will sign up with the first [financial planner] who calls. People who circle junkyards for matching hubcaps will buy mutual funds without reading the prospectus. People who check the expiration date on cottage cheese wouldn’t think of investigating the background of their broker. They know next to nothing about whether the broker has made or lost money for clients, whether he’s been reprimanded or sued, or how long he’s been in the investment business." ~ A Fool and His Money, by John Rothchild, 1988

“Don’t strive for perfection in items or actions that don’t matter. People are usually paid to get results, not to be perfect.” – Patricia Fripp

"Ninety-nine percent of failures come from people who have a habit of making excuses.” - George Washington Carver

“Only those who will risk going too far can possibly find out how far one can go” - T.S. Eliot

"If I looked at your life, would I get a sense of what’s truly important to you? Do you spend your time doing what matters? Your life needs to be a reflection of your values. What does your life reflect about you? ASK someone today and get another perspective." - Kristin Taliaferro

“Opportunities are usually disguised as hard work, so most people don’t recognize them.” - Ann Landers

"Look at a day when you are supremely satisfied at the end, It’s not a day when you lounge around doing nothing: it’s when you’ve had everything to do, and you’ve done it.” – Margaret Thatcher

“One’s philosophy is not best expressed in words; it is expressed in the choices one makes...and the choices we make are ultimately our responsibility.” – Eleanor Roosevelt
"You have tremendous reservoirs of potential within you, and are quite capable of doing anything you set your mind to. All you must do is figure out HOW you can do it not if.” - Bob Proctor

"The tragedy of life doesn’t lie in not reaching your goal. The tragedy lies in having no goal to reach." - Benjamin Mays

"Get a good idea and stay with it. Dog it, and work at it until it’s done right.” - Walt Disney

"Difficulties are meant to rouse, not discourage. The human spirit is to grow strong by conflict." -- William Ellery Channing

"If a man goes into business with only the idea of making money, the chances are he won’t.” - Joyce Clyde Hall

"Man is lost and is wandering in a jungle where real values have no meaning. Real values can have meaning to man only when he steps on to the spiritual path, a path where negative emotions have no use." - Sai Baba

"If a man writes a better book, preaches a better sermon or makes a better mousetrap than his neighbor, though he build his house in the woods, the world will make a beaten path to his door.” - Ralph Waldo Emerson

"The secret of change consists in spending your energy on creating the new and not in fighting the old.” - Dan Millman

"It makes small numbers formidable, procures success to the weak, and esteem to all." - George Washington, First US President

"I’ve learned from experience that the greater part of our happiness or misery depends on our dispositions and not on our circumstances.” - Martha Washington

"Confidence is contagious. So is lack of confidence." - Michael O’Brien

"Advances are made by those with at least a touch of irrational confidence in what they can do." - Joan L. Curcio

"Time is nature’s way of keeping everything from happening at once." - Unknown
"People become really quite remarkable when they start thinking that they can do things. When they believe in themselves they have the first secret of success." - Norman Vincent Peale, 1898-1993, Speaker and Author

“One of the marks of excellent people is that they never compare themselves with others. They only compare themselves with themselves and with their past accomplishments and future potential.” – Brian Tracy

“The weak can never forgive. Forgiveness is the attribute of the strong.” - Mohandas Gandhi

“To have no vision of your own means living the vision of someone else” - Laurie Beth Jones

“The only gracious way to accept an insult is to ignore it. If you can’t ignore it, top it. If you can’t top it, laugh at it. If you can’t laugh at it, it’s probably deserved.” - Joseph Russell Lynes

"A deadline is negative inspiration. Still, it's better than no inspiration at all." Rita Mae Brown

"For my part, whatever anguish of spirit it may cost, I am willing to know the whole truth - to know the worst and provide for it." - Patrick Henry, Statesman

“Play every game as if you job depends on it. It just might.” - Casey Stengel

"Use the past as a guide for the future, not as an excuse for not dealing with it." - Patricia Fripp

"Few things are impossible to diligence and skill." - Samuel Johnson

"What you think of yourself is much more important than what others think of you." - Lucius Annaeus Seneca, Playwright and Philosopher

"Only those who dare to fail greatly can ever achieve greatly.” - J.F. Kennedy

"A man, as a general rule, owes very little to what he is born with - a man is what he makes himself.” - Alexander Graham Bell

“The past cannot be changed. The future is yet in your power.” - Hugh White

“The heart has its reasons, which reason can not understand.” - Blaise Pascal
"What is success? I think it is a mixture of having a flair for the thing that you are doing; knowing that it is not enough, that you have got to have hard work and a certain sense of purpose." – Margaret Thatcher, Ex UK Prime Minister

"Daring ideas are like chessmen moved forward. They may be beaten, but they may start a winning game." – Johann Wolfgang von Goethe

"Why not go out on a limb? Isn’t that where the fruit is?" - Frank Scully

"The person who gets the farthest is generally the one who is willing to do and dare. The sure-thing boat never gets far from shore." - Dale Carnegie

"If we had no winter, the spring would not be so pleasant; if we did not sometimes taste of adversity, prosperity would not be so welcome." - Anne Brads

"Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence." - Helen Keller

"To bring one’s self to a frame of mind and to the proper energy to accomplish things that require plain hard work continuously is the one big battle that everyone has. When this battle is won for all time, then everything is easy." - Thomas A. Buckner

"If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away."

"Pessimism leads to weakness, optimism to power." – William James, Philosopher, Psychologist

"It doesn’t matter what is happening to the economy, government or your industry; it matters what is going on in your imagination. If you’ve got a rich imagination you’re going to have a rich experience." - Mark Victor Hansen

"The way to gain a good reputation is to endeavor to be what you desire to appear." - Socrates

"Spectacular achievements are always preceded by painstaking preparation." – Roger Staubach
"We’re so engaged in doing things to achieve purposes of outer value that we forget that the inner value. The rapture that is associated with being alive is what it’s all about." - Joseph Campbell

"The greatest good you can do for another is not just to share your riches, but to reveal to him his own." - Benjamin Disraeli

"Those who will lead in this life must start against the crowd and lead forcefully until the crowd sees the results and changes their direction." - Chris Widener

"All great masters are chiefly distinguished by the power of adding a second, a third, and perhaps a fourth step in a continuous line. Many a man has taken the first step. With every additional step you enhance immensely the value of your first." - Ralph Waldo Emerson

"A man of sense is never discouraged by difficulties; he redoubles his industry and his diligence, he perseveres, and infallibly prevails at last." - Lord Chesterfield

"Outstanding leaders have a sense of mission, a belief in themselves and the value of their work." - Brian Tracy

"Truth is a hard master and costly to serve, but it simplifies all problems." - Ellis Peters

'I didn't have 10,000 failures; I learned 10,000 ways that didn’t work." - Thomas Edison when he went through 10,000 prototypes.

"Before a painter puts brush to canvas he sees his picture mentally ... If you think of yourself in terms of a painting, what do you see? ... Id the picture one you think worth painting? ... You create yourself in the image you hold in your mind." - Thomas Dreier

"I have learned throughout my life as a composer chiefly through my mistake and pursuits of false assumptions, not by my exposure to founts of wisdom and knowledge." - Igor Stravinsky

"I am still determined to be cheerful and happy, in whatever situation I may be; for I have also learned from experience that the greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances." - Martha Washington
"I believe the time we really look big in a child’s eyes is when we go to them and apologize for our mistakes and we say, 'I was wrong. Will you forgive me?" -- Kevin Leman

"Life shrinks or expands in proportion to one's courage." - Anais Nin

"If you don't risk anything, you risk even more."- Erica Jong

"The only way to fail is to fail to try." - Jacqueline McLarens

"Whatever your talent is, you should craft it, nourish it and build on it. It is the 'niche talent' that will take you to the top of your field. - Mark Victor Hansen

"There are those who work all day, those who dream all day, and those who spend an hour dreaming before setting to work to fulfill those dreams. Go into the third category because there's virtually no competition" - Steven J. Ross

“To keep yourself honest, imagine a camcorder recording all your decisions.” - Lawrence MacGregor Serven

"Learn to differentiate between what is truly important and what can be dealt with at another time." - Mia Hamm, Soccer Champion

"I know fear is an obstacle for some people, but it is an illusion to me...failure always made me try harder next time. -Michael Jordan

"You can't build a reputation on what you are going to do." - Henry Ford

"It is one of the most beautiful compensations of life that no man can sincerely try to help another without helping himself." - Ralph Waldo Emerson

"A dose of adversity is often as needful as a dose of medicine." - American proverb

"If I am walking with two other men, each of them will serve as my teacher. I will pick out the good points of the one and imitate them and the bad points of the other and correct them in myself." - Konfuzius

"If you want the rainbow, you've got to put up with the rain." - Jimmy Durante

"To Make Progress You Must Actually Get Started. The key is to take a step today." - Jim Rohn
"Money is a reward you receive for the service you render. The more valuable the service, the greater the reward." - Bob Proctor

"Act as if you were already happy, and that will tend to make you happy." - Dale Carnegie, Motivational Coach and Writer

"Being broke is a temporary situation. Being poor is a mental state." - Mike Todd

"Everyone who got where he is had to begin where he was." - Robert Louis Stevenson

"We are continuously faced by great opportunities brilliantly disguised as insoluble problems." - Lee Iacocca

"The mass of men lead lives of quiet desperation. What is called resignation is confirmed desperation." - Thoreau

"We must use time wisely and forever realize that the time is always ripe to do right." - Nelson Mandela

"The greatest good you can do for another is not just to share your riches, but to reveal to him his own." - Benjamin Disraeli

"I am still determined to be cheerful and happy, in whatever situation I may be; for I have also learned from experience that the greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances." - Martha Washington

"We are what we repeatedly do. Excellence, then, is not an act but a habit." - Aristotle

"Progress is a nice word. But change is its motivator. And change has its enemies." - Robert Kennedy, US Senator

"I am not bound to win, but I am bound to be true. I am not bound to succeed, but I am bound to live by the light that I have." Abraham Lincoln

"All that did matter was the possession of vision, determination, and quickness to see an opening and to seize a chance. Success and fortune seldom came stalking up one's home street, uninvited, I told myself. No, you had to go out and meet them more than halfway." - Thomas Lipton
"Failure is perhaps the greatest key to success. More specifically, your response to failure is the real key. Growth in an organization only comes with stretching and risk taking." - Andrew Harve

"Assumption is the mother of mistakes." - Angelo Donghia

"I do not believe in a fate that falls on men however they act, but I believe in a fate that falls on men unless they act." - G.K. Chesterton

"At the end of each day, you should play back the tapes of your performance. The results should either applaud you or prod you." - Jim Rohn

"It takes but one positive thought when given a chance to survive and thrive to overpower an entire army of negative thoughts." - Unknown

"Great minds have purposes, others have wishes." - Washington Irving

"People are unreasonable, illogical, and self centered. Love them anyway. If you do good, people will accuse you of selfish ulterior motives. Do good anyway. If you are unsuccessful, you will win false friends and true enemies. Succeed anyway. Honesty and frankness make you vulnerable. Be honest and frank anyway." - Robert H. Schuller, Minister

"A man, as a general rule, owes very little to what he is born with - a man is what he makes himself." - Alexander Graham Bell

"Success is a lousy teacher. It seduces smart people into thinking they can't lose." - Bill Gates, Microsoft Founder

"All speech is vain and empty unless it be accompanied by action." - Demosthenes

"You cannot tailor make your situation in life, but you can tailor make your attitudes to fit those situations." - Zig Ziglar

"In real estate, it’s location, location, location. In business, it’s differentiate, differentiate, differentiate." - Robert Goizueta

"Always bear in mind that your own resolution to succeed is more important than any other." - Abraham Lincoln, 16th US President

Persistence: "Fall down seven times; Stand up eight." - Japanese Proverb

http://www.trainingvisions.com
"Tact is the knack of making a point without making an enemy." – Isaac Newton, physicist

"You can’t push anyone up the ladder unless he is willing to climb himself." – Andrew Carnegie

"Confidence imparts a wonderful inspiration to its possessor." – John Milton

"Man often becomes what he believes himself to be. If I keep on saying to myself that I cannot do a certain thing, it is possible that I may end by really becoming incapable of doing it. On the contrary, if I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning." – Mahatma Gandhi, 1869-1948, Indian Political Leader

"Yesterday is not ours to recover, but tomorrow is ours to win or to lose." – Lyndon B. Johnson, 36th US President

"Growth demands a temporary surrender of security." – Gail Sheehy

"Everything depends upon execution; having just a vision is no solution." – Stephen Sondheim

"The worst thing in your life may contain seeds of the best. When you can see crisis as an opportunity, your life becomes not easier, but more satisfying." – Joe Kogel

"The bitterest tears shed over graves are for words left unsaid and deeds left undone." – Harriet Beecher Stowe, Author

"Courage is not limited to the battlefield or the Indianapolis 500 or bravely catching a thief in your house. The real tests of courage are much quieter. They are the inner tests, like remaining faithful when nobody’s looking, like enduring pain when the room is empty, like standing alone when you’re misunderstood." – Charles Swindoll

"Courage means to keep working a relationship, to continue seeking solutions to difficult problems, and to stay focused during stressful periods." – Denis Waitley

"Daring ideas are like chessmen moved forward; they may be beaten, but they may start a winning game." -- Johann Wolfgang von Goethe

"You’re never a loser until you quit trying." – Mike Ditka, Football Player, Coach
"Do, today, everything that you CAN do today. Do everything you do in the most perfectly successful manner in which it can be done." - W.D. Wattles

"There are many truths of which the full meaning cannot be realized until personal experience has brought it home." - John Stuart Mill

"There are two cardinal sins from which all others spring: Impatience and Laziness." - Franz Kafka, Writer

"Better keep yourself clean and bright; you are the window through which you must see the world." - George Bernard Shaw

"It is not God's will merely that we should be happy, but that we should make ourselves happy." - Immanuel Kant, Philosopher

"Remember always that it is your concentrated purpose [determination] to reach what you want, your faith that you WILL reach what you want, and your doing successfully everything you have to do which keeps you moving towards your goal. - W. D. Wattles

"One's dignity may be assaulted, vandalized and cruelly mocked, but cannot be taken away unless it is surrendered." - Michael J. Fox

"Not only strike when the iron is hot, but make it hot by striking." - Oliver Cromwell

"If there are things you don't like in the world you grew up in, make your own life different." - Dave Thomas, Wendy's Founder

"Nothing is a greater impediment to being on good terms with others than being ill at ease with yourself." - Honore De Balzac

"Great minds have purposes, others have wishes." - Washington Irving

"Even the knowledge of my own fallibility cannot keep me from making mistakes. Only when I fall do I get up again." - Vincent Van Gogh

"Whatever may be said in praise of poverty, the fact remains that it is not possible to live a really complete or successful life unless one is rich." - W.D. Wattles (Science of Getting Rich)

"Self-esteem is the reputation we acquire within ourselves." - Nathaniel Branden

http://www.trainingvisions.com
"The ultimate measure of a man is not where he stands in moments of comfort, but where he stands in times of challenge and controversy." - Martin Luther King, Jr., Clergyman, Civil Rights Leader

"Creativity is inventing, experimenting, growing, taking risks, breaking rules, making mistakes, and having fun." - Mary Lou Cook

"Until one is committed there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative (and creation), there is one elementary truth, the ignorance of which kills countless ideas and splendid plans: that the moment one definitely commits oneself, the Providence moves too." - Sir Edmond Hilary

"Difficulties are meant to rouse, not discourage. The human spirit is to grow strong by conflict." - William Ellery Channing

"I'll tell you what leadership is. It's persuasion and conciliation, education and patience." - Dwight Eisenhower, 34th US President

"Learning is not attained by chance; it must be sought for with ardor and attended to with diligence." - Abigail Adams, Former US First Lady

"Leaders are more concerned with winning than with not losing. They are more concerned with what's right than with who's right." - Brian Tracy

"Nothing else can quite substitute for a few well-chosen, well-timed, sincere words of praise. They're absolutely free — and worth a fortune." — Sam Walton

"Seeing much, suffering much and studying much are the three pillars of learning." - Benjamin Disraeli

"To write something, you have to risk making a fool of yourself." - Anne Rice

"Writing is no trouble: you just jot down ideas as they occur to you. The jotting is simplicity itself - it is the occurring which is difficult." Stephen Leacock

"I never travel without my diary. One should always have something sensational to read in the train." - Oscar Wilde
"What is written without effort is in general read without pleasure." - Samuel Johnson

"The future starts today, never tomorrow." - Barbara Hofmeister

"Poetry is the journal of the sea animal living on land, wanting to fly in the air." Carl Sandburg

"It took me fifteen years to discover that I had no talent for writing, but I couldn’t give it up because by that time I was too famous." - Robert Benchley

"It would be curious to discover who it is to whom one writes in a diary. Possibly to some mysterious personification of one’s own identity." - Beatrice Webb

"He who cherishes a beautiful vision, a lofty ideal in his heart, will one day realize it. Dream lofty dreams and as you dream so shall you become..." - James Allen

"Rowing harder doesn’t help if the boat is headed in the wrong direction." - Kenichi Ohmae

"You don’t become enormously successful without encountering and overcoming a number of extremely challenging problems." - Mark Victor Hansen


"You gain strength, courage and confidence by every experience in which you really stop to look fear in the face." - Eleanor Roosevelt

"The definition of insanity is doing the same thing over and over again and expecting a different result." - Albert Einstein

"Freedom consists not in doing what we like, but in having the right to do what we ought." - Pope Jean Paul II

"Stupidity is also a gift of God, but one mustn’t misuse it." Martin Luther

"Get a check-up from the neck up"- Mark Victor Hansen

"The will to win is important but the will to prepare is vital" - Joe Paterno
"The quality of love and the duration of a relationship are in direct proportion to the depth of commitment by both people to making the relationship successful. Commit yourself wholeheartedly and unconditionally to the most important people in your life." – Brian Tracy

"I have learned to use the word “impossible” with the greatest caution." – Werner von Braun, Engineer

“He who would accomplish little must sacrifice little; he who would achieve much must sacrifice much…” – James Allen Growth

“An education is like a crumbling building that needs constant upkeep with repairs and additions.” – Louis Dudek

“An excuse is worse and more terrible than a lie, for an excuse is a lie guarded.” – Pope John Paul II

“Discipline is the soul of an army. It makes small numbers formidable, procures success to the weak and esteem to all.” – George Washington

“A feeling of continuous growth is a wonderful source of motivation and self-confidence.” -- Brian Tracy

“Adversity reveals genius, prosperity conceals it.” – Horace

“Keep a diary, and someday it’ll keep you.” – Mae West

“I have yet to find the man, however exalted his station, who did not do better work and put forth greater effort under a spirit of approval than under a spirit of criticism.” – Charles Schwab

“Make everything you do tend toward the goal you wish to reach.” – Mr. Wattles

“If you merely do your work perfectly without reference to getting what you want, you will be an extraordinarily efficient worker, but you will probably remain right where you are. You will get a great deal of praise, but it will come mostly from those who profit from your efficiency.” – Mr. Wattles

“Winners learn to relish change with the same enthusiasm and energy that they have resisted it in the past.” – Tom Peters
"Set too many goals and keep adding more goals. Goals have a tendency to be realized all at once." - Mark Victor Hansen

"Work bears a particular mark of man and of humanity, the mark of a person operating within a community of persons." - Pope John Paul II

"Be courteous to all, but intimate with few; and let those few be well tried before you give them your confidence." - George Washington

"We cannot change anything until we accept it." -- Carl Jung

"It takes 20 years to build a reputation and five minutes to lose it." - Warren Buffett

"Do you know what happens when you give a procrastinator a good idea? Nothing!" - Donald Gardner

“The financial results you're currently getting are a direct result of the actions you're taking and the thoughts you're processing.” - Paul Counsel, Australian Entrepreneur

“Big Jobs usually go to the men who prove their ability to outgrow small ones.” - Ralph Waldo Emerson

"I can tell you how to get what you want: You've just got to keep a thing in view and go for it and never let your eyes wander to the left or right or up or down. And looking back is fatal." - William J Lock

“Do the one thing you think you cannot do. Fail at it. Try again. Do better the second time. The only people who never tumble are those who never mount the high wire. This is your moment. Own it.” - Oprah Winfrey

“IT takes a lot of courage to show your dreams to someone else.” - Kareem Abdul-Jabar

“You have to recognize when the right place and the right time fuse and take advantage of that opportunity. There are plenty of opportunities out there. You can't sit back and wait.” - Ellen Metcalf

“You are not here merely to make a living. You are here in order to enable the world to live more amply, with greater vision, with a finer spirit of hope and achievement. You are here to enrich the world, and you impoverish yourself if
“Learn the art of patience. Apply discipline to your thoughts when they become anxious over the outcome of a goal. Impatience breeds anxiety, fear, discouragement and failure. Patience creates confidence, decisiveness, and a rational outlook, which eventually leads to success.” - Brian Adams

“Have patience with all things, but chiefly have patience with yourself. Do not lose courage in considering you own imperfections but instantly set about remedying them - every day begin the task anew.” - Saint Francis de Sales

“I am careful not to confuse excellence with perfection. Excellence, I can reach for; perfection is God’s business.” - Michael J. Fox

“The path to our destination is not always a straight one. We go down the wrong road, we get lost, we turn back. Maybe it doesn’t matter which road we embark on. Maybe what matters is that we embark.” - Barbara Hall, Northern Exposure

“Every day you may make progress. Every step may be fruitful. Yet there will stretch out before you an ever-lengthening, ever-ascending, ever-improving path. You know you will never get to the end of the journey. But this, so far from discouraging, only adds to the joy and glory of the climb.” - Sir Winston Churchill

“Journal writing is a voyage to the interior.” - Christina Baldwin

“Our lives improve only when we take chances - and the first and most difficult risk we can take is to be honest with ourselves.” - Walter Anderson

“I have brought myself by long meditation to the conviction that a human being with a settled purpose must accomplish it, and that nothing can resist a will which will stake even existence upon its fulfillment.” - Benjamin Disraeli

“The results you’re achieving are the ones you’ve learned to achieve and if you want to change these results then you must change the thinking and behavior that’s responsible for them.” - Paul Counsel, Australian Entrepreneur

“Leaders don’t create followers. They create more leaders.” - Tom Peters
"The glad hand is all right in sunshine, but it’s the helping hand on a dark day that folks remember to the end of time." – Amadeo P. Giannini, Bank of America Founder

"Formulate and stamp indelibly on your mind a mental picture of yourself as succeeding. Hold this picture tenaciously. Never permit it to fade. Your mind will seek to develop the picture...Do not build up obstacles in your imagination.” – Norman Vincent Peale

"People are always blaming their circumstances for what they are. I don’t believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want, and if they can’t find them, make them." – George Bernard Shaw

"Hide not your talents, they for use were made. What’s a sun-dial in the shade?" - Benjamin Franklin

"Use what talents you possess: the woods would be very silent if no birds sang there except those that sang best.“ - Henry Van Dyke

“A human being is only interesting if he’s in contact with himself. I learned you have to trust yourself, be what you are, and do what you ought to do the way you should do it. You have got to discover you, what you do, and trust it.” – Barbra Streisand

“Just trust yourself, then you will know how to live.” – Johann Wolfgang von Goethe

“Hard work spotlights the character of people: some turn up their sleeves, some turn up their noses, and some don’t turn up at all.” – Sam Ewing

“People of mediocre ability sometimes achieve outstanding success because they don’t know when to quit. Most men succeed because they are determined to.” – George Herbert Allen

“Anyone who has never made a mistake has never tried anything new.” – Albert Einstein

“The person who removes a mountain begins by carrying away small stones.” – Anonymous
“Creativity often consists of merely turning up what is already there. Did you know that right and left shoes were thought up only a little more than a century ago?” - Bernice Fitz-Gibbon

“So many of our dreams at first seem impossible, then they seem improbable, and then, when we summon the will, they soon become inevitable.” - Christopher Reeve

“Do not fear to be eccentric in opinion, for every opinion now accepted was once eccentric.” - Bertrand Russell

“The future belongs to those who believe in the beauty of their dreams.” - Eleanor Roosevelt

“Life isn’t about finding yourself. Life is about creating yourself.” - George Bernard Shaw

“It is never too late to become what you might have been.”- George Eliot

“And the day came when the risk it took to remain tight inside the bud was more painful than the risk it took to blossom.” - Anais Nin

“There is only one success--to be able to spend your life in your own way.” - Christopher Morley

"A rock pile ceases to be a rock pile the moment a single man contemplates it, bearing within him the image of a cathedral." - Antoine de Saint-Exupery – Aviator, Author

“Let’s just say we’re up in heaven and there are six people in line. God looks down and says, ‘Here’s the deal. There are 80 billion people down on the planet; I’ve only got room for one more. Who wants to go?’ We’d all plead our cases and none of us would say, ‘Put me down so I can sit on the couch, play Nintendo, and drink a six pack.’ We’d all have other reasons why we’re supposed to be put on this planet. I suggest we find out what that purpose is and then pursue it with everything we have.” - Gregory Scott Reid, author

"One of the most important rules for success is this: Every great success is the result of hundreds and thousands of small efforts and accomplishments that no one sees or appreciates." - Brian Tracy, Author and Speaker

http://www.trainingvisions.com
“Do you want to be safe and good, or do you want to take a chance and be great?” - Jimmy Johnson, Coach

“I think that sometimes the difference between winning and losing, success and failure, is this gray line between will, passion, and self-belief that says, ‘I’m going to do this.’” - Howard Schultz, Chairman of Starbucks

“It isn’t what the book costs; it’s what it will cost if you don’t read it.” - Jim Rohn

“If your only prayer that you ever say is, “Thank-you” that will be enough.” - Meister Ekhart

“Whatever you can do or dream you can: Begin it. Boldness has genius, power and magic in it. Begin it ... Now.” - J.W. Goethe

“Worrying is like a rocking chair: It gives you something to do, but it doesn’t get you anywhere...He who waits until circumstances completely favor his undertaking, will never accomplish anything.” - Martin Luther King

“Many of life’s failures are people who had not realized how close they were to success when they gave up.” - Thomas Edison

“Goals are dreams with deadlines.” - Diana Scharf Hunt

“You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the thing, which you think you cannot do.” - Eleanor Roosevelt

“To love oneself is to struggle to rediscover and maintain your uniqueness. It is understanding and appreciating the idea that you will be the ONLY YOU to ever live upon this earth, that when you die, so will all of your fantastic possibilities. It is the realization that even you are not totally aware of the wonders which lie dormant within yourself.” - Leo Buscaglia

“Happiness is when what you think, what you say, and what you do are in harmony.” - Mohandas K. Gandhi (1869-1948)

“Never doubt that a small group of thoughtful committed citizens can change the world; indeed it’s the only thing that ever has.” - Margaret Mead (1901-1978), American Anthropologist
"Determine that the thing can and shall be done, and then we shall find the way." - Abraham Lincoln

"Some people get frozen by a fear of failure. They get it from their peers or from just thinking about the possibility of negative results. They might be afraid of looking bad or being embarrassed. I realized that if I was going to achieve anything in life, I had to be aggressive. I had to get out there and go for it. I don’t believe you can achieve anything by being passive. I’m not thinking about anything except what I’m trying to accomplish. Any fear is an illusion. You think something is standing in your way, but nothing is really there. What is there is an opportunity to do your best and gain some success. If it turns out my best isn’t good enough, then at least I’ll never be able to look back and say I was too afraid to try. Failure always made me try harder next time." - Michael Jordan

"There is only one thing more painful than learning from experience and that is; not learning from experience." - Archibald McLeish, Poet

"More often in life we end up regretting the chances in life that we had, but didn’t take, than those chances that we took and wished we hadn’t" - Anonymous

"Finish each day and be done with it. You have done what you could; some blunders and absurdities have crept in; forget them as soon as you can. Tomorrow is a new day; you shall begin it serenely and with too high a spirit to be encumbered with your old nonsense." - Ralph Waldo Emerson

"One of the greatest discoveries a man makes, one of his great surprises, is to find he can do what he was afraid he couldn’t do." - Henry Ford, Inventor and Founder of Ford Motor Company

"If you are looking for the Key to the Universe I have some bad news, and some good news. The bad news is... There is no Key to the Universe. The good news is... It has been left unlocked." - Swami Beyondananda

"Most people never run far enough on their first wind to find out if they’ve got a second. Give your dreams all you’ve got and you’ll be amazed at the energy that comes out of you." - William James 1842-1910, American Philosopher

"I have always been driven to buck the system, to innovate, to take things beyond where they’ve been" - Sam Walton, Founder Wal-Mart
"If you're NOT a risk taker, you should get the hell out of business." - Ray Kroc, founder McDonald's

"There are two ways to get to the top of an oak tree. One way is to sit on an acorn and wait; the other way is to climb it." - Kemmons Wilson, founder Holiday Inn, The Nations Innkeeper

"Sometimes its heaven, sometimes its hell- sometimes I don't even know. Sometimes I take it as far as I can and sometimes I don't even go." - Willie Nelson

"A man who carries a cat by the tail learns something he can learn in no other way." - Unknown

"Courage is resistance to fear, mastery of fear - not absence of fear." - Mark Twain

"Love all, trust a few. Do wrong to none." - Shakespeare

"Find out who you are and do it on purpose." - Dolly Parton

"Failure is not an option." - Gene Kranz, Apollo 13

"The most wasted of all days is one without laughter." - E.E. Cummings

"Everything should be made as simple as possible, but not simpler." - Albert Einstein

"God will not have His works made manifest by cowards." - Ralph Waldo Emerson

"By thought, the thing you want is brought to you; by action you receive it." - Wallace D. Wattles

"Life is a lively process of becoming." - Douglas MacArthur

"There are two primary choices in life: to accept conditions as they exist, or accept the responsibility for changing them." - Denis Waitley

"Drive your business! Let not that drive thee." - Benjamin Franklin
"Money is better than poverty, if only for financial reasons." - Woody Allen

"I'd like to live as a poor man with lots of money." - Pablo Picasso

"It's a kind of spiritual snobbery that makes people think they can be happy without money." - Albert Camus

"All speech is vain and empty unless it be accompanied by action." - Demosthenes

"I can't say I was ever lost, but I was bewildered once for three days." - Daniel Boone

"Two of the greatest gifts we can give our children are roots and wings." - Hodding Carter

"A man may be born, but in order to be born he must first die, and in order to die he must first awake." - Carl Sandburg

"We often take for granted the very things that most deserve our gratitude." - Cynthia Ozick

"I am not young enough to know everything." - Oscar Wilde

"One of the great joys of youth is the privilege of not knowing any better." - Michael Morton

"History will be kind to me, for I intend to write it." - Winston Churchill

"You are as young as your faith, as old as your doubt..." - Samuel Ullman

"In three words I can sum up everything I've learned about life: it goes on." - Robert Frost

"All blame is a waste of time. No matter how much fault you find with another, and regardless of how much you blame him, it will not change you. The only thing blame does is to keep the focus off you when you are looking for external reasons to explain your unhappiness or frustration. You may succeed in making another feel guilty about something by blaming him, but you won't succeed in changing whatever it is about you that is making you unhappy." - Wayne Dyer
"Don't try to be great at all things. Pick a few things to be good at and be the best you can." - Liz Ashe

"You will find at the base of and birth of every great business organization was an enthusiast, a man consumed with earnestness of purpose, with confidence in his powers, with faith in the worthiness of his endeavors." - B.C. Forbes

“A clear vision, backed by definite plans, gives you a tremendous feeling of confidence and personal power." - Brian Tracy

"Our vision controls the way we think and, therefore, the way we act . . . The vision we have of our jobs determines what we do and the opportunities we see or don’t see." - Charles Koch, Koch Industries Chairman and CEO

“Don’t limit investing to the financial world. Invest something of yourself, and you will be richly rewarded.” - Charles Schwab

"Guard well within yourself that treasure, kindness. Know how to give without hesitation, how to lose without regret, how to acquire without meanness." - George Sand

"There are three ingredients in the good life: learning, earning and yearning." - Christopher Morley

"Business is like war in one respect. If its grand strategy is correct, any number of tactical errors can be made and yet the enterprise proves successful." - Gen. Robert E. Wood

"Listening to the inner voice — trusting the inner voice — is one of the most important lessons of leadership." — Warren Bennis

"I have learned that if one advances confidently in the direction of his dreams, and endeavors to live the life he has imagined, he will meet with a success unexpected in common hours." - Henry David Thoreau, 1817-1862, Writer and Poet

"Life is not easy for any of us. But what of that? We must have perseverance and, above all, confidence in ourselves. We must believe that we are gifted for something, and that this something, at whatever cost, must be attained." - Marie Curie
"Set yourself to work to find some good -- and true -- thing to say about every person you know, and if you find anything disagreeable to say, forget it. It is not "smart" to say disagreeable things about people. It takes a far finer brain to say good things. So never mention that you dislike any person or thing." – Mr. Wattles

"Opportunity is missed by most people because it is dressed in overalls and looks like work." – Thomas A. Edison

"The bitterest tears shed over graves are for words left unsaid and deeds left undone." – Harriet Beecher Stowe

"Most misfortunes are the results of misused time." – Napoleon Hill

"The young do not know enough to be prudent, and therefore they attempt the impossible and achieve it, generation after generation." – Pearl Buck

"When I look into the future, it's so bright it burns my eyes." – Oprah Winfrey

"The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather in a lack of will." -- Vincent T. Lombardi

"Waste not fresh tears over old grievances." – Euripides

"When you cannot make up your mind which of the two evenly balanced courses of action you should take - choose the bolder." – W.J. Slim

"Don’t try to be great at all things. Pick a few things to be good at and be the best you can." – Liz Ashe

"The universe is completely balanced and in perfect order. You will always be compensated for everything that you do." – Brian Tracy

"It has been my observation that most people get ahead during the time that others waste time." – Henry Ford

"Aim above morality. Be not simply good for something." – Henry David Thoreau

"There is true courage in the acts of every day living." – Rick Beneteau
“The only real limitation on your abilities is the level of your desires. If you want it badly enough, there are no limits on what you can achieve.” - Brian Tracy

“Any intelligent fool can make things bigger, more complex and more violent. It takes a touch of genius - and a lot of courage - to move in the opposite direction.” - Ernst Schumacher

“Rarely taught and infrequently practiced, listening is nonetheless a key to communicating and making others feel special.” - Dr. Tony Alessandra

“He who would learn to fly one day must first learn to stand and walk and run and climb and dance; one cannot fly into flying.” - Friedrich Nietzsche

“The act of taking the first step is what separates the winners from the losers.” - Brian Tracy

“Confidence is contagious. So is lack of confidence.” - Vince Lombardi

“There are three ingredients in the good life: learning, earning and yearning” - Christopher Morley

“You gain strength, courage and confidence by every experience in which you really stop to look fear in the face.” - Eleanor Roosevelt

“The ultimate measure of a man is not where he stands in moments of comfort, but where he stands at times of challenge and controversy.” - Martin Luther King

“The right to be heard does not automatically include the right to be taken seriously.” - Hubert Humphrey

“One’s dignity may be assaulted, vandalized and cruelly mocked, but cannot be taken away unless it is surrendered.” - Michael J. Fox

“Confidence is a habit that can be developed by acting as if you already had the confidence you desire to have.” - Brian Tracy

“The fault is not in the stars, but in ourselves.” - Shakespeare

“The act of taking the first step is what separates the winners from the losers.” - Brian Tracy
“Treat your body like a temple, not a woodshed. The mind and body work together. Your body needs to be a good support system for the mind and spirit. If you take good care of it, your body can take you wherever you want to go, with the power and strength and energy and vitality you will need to get there.” Jim Rohn

“The simple act of admitting you don’t know an answer, at present, activates your inner wisdom and guidance. By simply being willing to wait for inspiration, you virtually guarantee that it will come.” – Richard Carlson

“Twenty years from now you will be more disappointed by the things that you didn’t do then by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.” – Mark Twain

“What light is to the eyes, what air is to the lungs, what love is to the heart, liberty is to the soul of man.” – Robert Green Ingersoll

“Man often becomes what he believes himself to be. If I keep on saying to myself that I cannot do a certain thing, it is possible that I may end by really becoming incapable of doing it. On the contrary, if I have the belief that I can do it, I shall surely acquire the capacity to do it even if I may not have it at the beginning.” - Mahatma Gandhi, 1869-1948, Indian Political Leader

“Every man is a fool for at least five minutes every day; wisdom consists in not exceeding the limit.” Elbert Hubbard

“If a man has talent and cannot use it, he has failed. If he has talent and only uses half of it, he has partly failed. If he has talent and learns somehow to use the whole of it, he has gloriously succeeded and won satisfaction and a triumph few men ever know.” - Thomas Wolfe

“Dream no small dreams for they have no power to move the hearts.” - J.W. Goethe

“Persistence is an expression of the mental strength that is essential in almost every profession, where repeated rejection and obstacles are part of a daily routine.” - Bob Proctor

“A clear vision, backed by definite plans, gives you a tremendous feeling of confidence and personal power.” – Brian Tracy
"When wealth is lost, nothing is lost; when health is lost, something is lost; when character is lost, all is lost." - Billy Graham

"I am careful not to confuse excellence with perfection. Excellence, I can reach for; perfection is God’s business." - Michael J. Fox

"Shoot for the moon. Even if you miss it, you will land among the stars." - Les Brown

"Each time you decide to grow again, you realize you’re starting at the bottom of another ladder." - Ken Rosenthal

"When you feel passion, work and play are the same. When you love what you do, you work harder and produce more results than ever before." - Unknown

"Fixing your objective is like identifying the North Star - you sight your compass on it and then use it as the means of getting back on track when you tend to stray." - Marshall Dimock

"Don’t limit investing to the financial world. Invest something of yourself, and you will be richly rewarded." - Charles Schwab

"People forget how fast you did a job - but they remember how well you did it." - Howard Newton

"When your work is your Hobby, you never have to work a day in your life." - Siegfried Hofmeister

"For every result there is a cost" - Brian Tracy

"It has been said that success only shows up when determination does... but it must be powered by a non-negotiable decision." - Doug Firebaugh

"Great ideas need landing gear as well as wings." - C.D. Jackson

"When you arise in the morning, think of what a precious privilege it is to be alive -- to breathe, to think, to enjoy, to love." - Marcus Aureliu, 121-80 AD, Roman Emperor, Philosopher

"You don't concentrate on risks. You concentrate on results. No risk is too great to prevent the necessary job from getting done." - Charles Yeager
“Putting off an easy thing makes it hard. Putting off a hard thing makes it impossible.” - Charles Wilson

“The reason why worry kills more people than work is that more people worry than work.” - Robert Frost

“Having conceived of his purpose, a man should mentally mark out a straight pathway to its achievement, looking neither to the right nor the left.” - James Allen

“I used to say, 'I sure hope things will change.' Then I learned that the only way things are going to change for me is when I change.” - Jim Rohn

“If you don’t make a total commitment to whatever you’re doing, then start to bail out the first time the boat starts leaking.” - Lou Holtz

“Excellent service is not what you believe it to be, it's what your customer perceives it to be. And tells others.” - Jeffrey Gitomer

“At first our dreams seem impossible, then they seem improbable, but when we summon the will, they become inevitable.” - Christopher Reeve

“The things that I found easy to do, others found easy not to do.” - Jim Rohn

“I know the price of success: dedication, hard work and an unremitting devotion to the things you want to see happen.” - Frank Lloyd Wright

“Writing is the gold standard of communication. Learn to do it well and see more gold.” - Chris Widener

“The will to believe is perhaps the most powerful, but certainly the most dangerous, human attribute.” - Dero Ames Saunders

“Would that I could stand on a busy corner, hat in hand, and beg people to throw me all their wasted hours.” - Bernard Berenson

“Happiness is not something you postpone for the future; it is something you design for the present.” - Jim Rohn

“Accept that all of us can be hurt, that all of us can and surely will at times fail. I think we should follow a simple rule: If we can take the worst, take the risk.” - Dr. Joyce Brothers

http://www.trainingvisions.com
"Time management is a vehicle to take you from wherever you are to wherever you want to go." - Brian Tracy

"Time is amazing... it has only one thing to say to anyone... When?" - Doug Firebaugh

"Time-management is the best kept secret of the rich." - Jim Rohn

"You may delay, but time will not." - Benjamin Franklin

"Nothing great has ever been achieved except by those who dared believe something inside them was superior to circumstances." - Bruce Barton

"There's a wonder in the way we're always free; to change the world by changing how we see." - Cyndi Craven

"Being rich has more to do with a picture than a bank account... it is all about the picture you see in your mind about your life... that determines what’s in your bank account." - Doug Firebaugh

"Visionaries are NOT special people. The gift of true vision requires only a willingness to open your eyes to first, find the horizon. Once fixated on the horizon comes the ability to see beyond, where the true magic of life exists." - Rick Beneteau

"The only thing we have to fear is fear itself - nameless, unreasoning, unjustified terror which paralyzes needed efforts to convert retreat into advance." - Martin Luther

"The antidote to worry is purposeful action." - Brian Tracy

"As the ostrich when pursued hideth his head, but forgetteth his body; so the fears of a coward expose him to danger." - Akhenaton

"You don't have to worry if you do everything you're supposed to do right. Or if not right, doing it the best you can. What can worry do for you? You are already doing the best you can." - Joe Namath

"You Can, When You believe You Can." - Max Steingart

"Success is a state of mind." - Jim Rohn
“If you want to be successful, start thinking of yourself as being successful. You are what you believe yourself to be.” – Max Steingart

“Don’t be afraid of what life has to offer you. If you believe that life is worth living, your belief will help create the fact.” – Dalai Lama

“The barrier between you and success does not exists in the real world. It is simply composed of doubts about your ability.” – Barbara Hofmeister

“Your only limits to your realization of tomorrow will be your doubts of today.” - Unknown

“Live not as though there were a thousand years ahead of you. Fate is at your elbow; make yourself good while life and power are still yours." – Marcus Aurelius

“Learning to write and speak before an audience. Nothing in life is more important than the ability to communicate effectively.” - Gerald Ford

“If 50 million people say a foolish thing, it is still a foolish thing.” – Anatole France

“Obstacles cannot crush me; every obstacle yields to stern resolve.” - Leonardo da Vinci

“The only way to live is to accept each minute as an unrepeatable miracle, which is exactly what it is - a miracle and unrepeatable." - Margaret Storm Jameson, 1891-1986, Novelist

“Our doubts are traitors, and make us lose the good we oft might win by fearing to attempt.” – William Shakespeare

“A single person who lacks commitment can be a major source of problems in your organization." - Brian Tracy

“A wise man will make more opportunities then he finds” – Francis Bacon

“You don’t have to worry if you do everything you’re supposed to do right. Or if not right, doing it the best you can. What can worry do for you? You are already doing the best” - Joe Namath

“Never grow a wishbone where your backbone ought to be." - Helen Keller
"Would you like me to give you a formula for success? It's quite simple, really. Double your rate of failure. You are thinking of failure as the enemy of success. But it isn't all that. You can be discouraged by failure - or you can learn from it. So go ahead and make mistakes. Make all you can. Because, remember, that's where you will find success. - Thomas J. Watson

"The first great gift we can bestow on others is a good example." - Thomas Morell

"Things unattended fester. Hearsay happens. Intentions become suspect. The faster you broach the subject, the less infected the wounds. - Dianna Booher

"None are so empty as those who are full of themselves." - Andrew Jackson

"Ignorance is not bliss. Ignorance is poverty. Ignorance is devastation. Ignorance is tragedy. And ignorance is illness. It all stems from ignorance." - Jim Rohn

"A fool must now and then be right, by chance." - William Cowper

"Ignorance is not bliss, it is oblivion." - Philip Wylie

"One stumble is enough to deface the character of an honorable life." - L. Estrange

"Be absolutely clear about who you are and what you stand for. Refuse to compromise." - Brian Tracy

"If you want to take the meaning of the word integrity and reduce it to its simplest terms, you'd conclude that a man of integrity is a promise keeper. When he gives you his word. You can take it to the bank. His word is good." - Bill McCartney

"Whenever you do a thing, act as if all the world were watching." - Thomas Jefferson

"Nothing else can quite substitute for a few well chosen, well timed, sincere words of praise. They’re absolutely free and worth a fortune." - Sam Walton

"Nothing is ever lost by courtesy. It is the cheapest of pleasures, costs nothing, and conveys much." - Erastus Wiman
"Kindness is the language which the deaf can hear and the blind can see." - Mark Twain

"Never esteem men on account of their riches or their station. Respect goodness; find it where you may." - William Cobbett

"I am enough of an artist to draw freely upon my imagination. Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world." - Albert Einstein

"I find the great thing in this world is not so much where we stand, as in what direction we are moving: To reach the port of heaven, we must sail sometimes with wind and sometimes against it, but we must sail, and not drift, nor lie at anchor." - Oliver Wendell Holmes

"All growth is a leap in the dark, a spontaneous, unpremeditated act without benefit of experience." - Henry Miller

"Luck is predictable; the harder you work, the luckier you get." - Brian Tracy

"To travel hopefully is a better thing than to arrive, and the true success is to labor." - Robert Louis Stevenson

"A positive attitude won't let you do anything. But it will let you do everything better than a negative attitude will." - Zig Ziglar

"Where do attitudes come from? Our attitudes come from our expectations: If we expect things to turn out well, we have a positive attitude. If we expect things to turn out poorly, then we have a negative attitude." - Brian Tracy

"Always be happy, never be satisfied." - Mark McKeon

"A positive attitude can really make dreams come true—it did for me." - Zina Garrison

"The keys to great victories are usually speed, surprise, and concentration. They work in business too." - Brian Tracy

"For a company's advertising strategy to work, it has to be handled not only corporately, but also individually." - Patricia Fripp
"Target the Heart of Your Customer, not his Wallet." - Rick Beneteau

"Security is mostly a superstition. It does not exist in nature, nor do the children of men as a whole experience it. Avoiding danger is no safer in the long run than outright exposure. Life is a daring adventure or nothing at all." -- Helen Keller

"He who labors diligently need never despair; for all things are accomplished by diligence and labor." - Menander

"The past cannot be changed. The future is yet in your power." - Mary Pickford

"We don't receive wisdom; we must discover it for ourselves after a journey that no one can take for us or spare us." - Marcel Proust

"The true measure of a man is how he treats someone who does him absolutely no good." - Ann Landers

"Don't carry a grudge. While you're carrying the grudge, the other guy's out dancing." - Buddy Hackett

"No institution can possibly survive if it needs geniuses or supermen to manage it. It must be organized in such a way as to be able to get along under a leadership composed of average human beings." - Peter Drucker

"There is a time to hold the gavel and a time to pass it on. More important than plaques on your wall or monuments bearing your name are the hearts which have been touched because you chose to lead with love." - Neil Eskelin

"All great leaders have understood that their number one responsibility is cultivating their own discipline and personal growth. Those who cannot lead themselves cannot lead others." - John Maxwell

"Leadership is practiced not so much in words as in attitude and in actions." - Harold S. Geneen

"Every great man has become great; every successful man has succeeded, in proportion as he has confined his powers to one particular channel." - Orison Swett Marden
"You gain strength, courage and confidence by every experience in which you really stop to look fear in the face." – Eleanor Roosevelt

"When I’ve heard all I need to make a decision, I don’t take a vote. I make a decision." – Ronald Reagan

"Be a collector of good ideas, but don’t trust your memory. The best collecting place for all of the ideas and information that comes your way is your journal." - Jim Rohn

"The first essential of success as a salesman is to make sure that he had a good article to sell, as, unless he has faith in his own line, he can hardly hope to persuade or enthuse his customer, and, having that faith, he should endeavor to impart it to those whose business he is out to get." - Thomas Lipton

"It is said that one machine can do the work of 50 ordinary men. No machine, however, can do the work of one extraordinary man." - Tehyi Hsieh

"Doing what you love is the cornerstone of having abundance in your life." – Napoleon Hill

"One player practicing sportsmanship is far better than 50 preaching it." - Knute Rockne

"Optimism means expecting the best, but confidence means knowing how to handle the worst. Never make a move if you are merely optimistic." – The Zurich Axioms

"I do not believe in a fate that falls on men however they act, but I do believe in a fate that falls on men unless they act." - G.K. Chesterton

"No one is useless in the world that lightens the burden of it for anyone else." - Charles Dickens

"New knowledge is of little value if it doesn’t change us, make us better individuals, and help us to be more productive, happy, and useful." - Hyrum Smith

"Viewing almost all problems as solvable--focusing on desired results rather than possible failures--helps encourage people to step forward and convert fear into challenge." – Dr. Tony Alessandra
"Leadership is a potent combination of strategy and character. But if you must be without one, be without strategy." - Norman Schwarzkopf

"The problems of this world cannot possibly be solved by skeptics or cynics whose horizons are limited by the obvious realities. We need men who can dream of things that never were." - John F. Kennedy

"The greatest thing in this world is not so much where we are, but in which direction we are moving." - Oliver Wendell Holmes, Jr.

"We must walk consciously only part way toward our goal and then leap in the dark to our success." – Henry David Thoreau

"Most successful men have not achieved distinction by having some new talent or opportunity presented to them. They have developed the opportunity that was at hand." - Bruce Barton

"I want this team to win; I’m obsessed with winning, with discipline, with achieving. That’s what this country’s all about." - George Steinbrenner

"Sometimes you must fight and win, just because all the pain and suffering you experienced up to this point on your quest would be rendered futile if you were to surrender now." - Alvin Day

"The first basic ingredient of leadership is a guiding vision. The leader has a clear idea of what he wants to do - professionally and personally - and the strength to persist in the face of setbacks, even failures." - Warren Bennis

"The price of excellence is discipline; the cost of mediocrity is disappointment" - William A. Ward

"Know the true value of time; snatch, seize, and enjoy every moment of it. No idleness, no delay, no procrastination; never put off till tomorrow what you can do today." - Earl of Chesterfield

"The greatest good you can do for another is not just to share your riches, but to reveal to him his own." - Benjamin Disraeli

"The universe is completely balanced and in perfect order. You will always be compensated for everything that you do." - Brian Tracy
"New knowledge is of little value if it doesn’t change us, make us better individuals, and help us to be more productive, happy, and useful." – Hyrum Smith

"While we have the gift of life, it seems to me the only tragedy is to allow part of us to die—whether it is our spirit, our creativity or our glorious uniqueness." Gilda Radner

"The greatest good you can do for another is not just to share your riches, but to reveal to him his own." – Benjamin Disraeli

"Don’t try to be great at all things. Pick a few things to be good at and be the best you can." – Liz Ashe

"My father taught me to do more than you get paid for as an investment in your future." – Jim Rohn

"The state of your life is nothing more than a reflection of your state of mind." – Dr. Wayne W. Dyer

"The soul is dyed the color of its thoughts. Think only those things that are in line with your principles and bear the light of day. The content of your character is your choice. Day by day, what you choose, what you think and what you do is who you become. Your integrity is your destiny...it is the light that guides your way." – Heraclitus

"Nearly all men can stand adversity, but if you want to test a man’s character, give him power." – Abraham Lincoln

"Forget words like 'hard sell' and 'soft sell.' Just be sure your advertising is saying something with substance. And be sure you’re saying it like it’s never been said before." – William Bernbach

"The return from your work must be the satisfaction which that work brings you and the world’s need of that work. With this, life is heaven, or as close to heaven as you can get. Without this – with work which you despise, which bores you can which the world does not need – this life is hell." – W.E.B. DuBois

"Discipline isn’t on your back needling you with imperatives. It is at your side encouraging you with incentives." – Cybil Stanton
"None of us can be free of conflict and woe. Even the greatest men have had to accept disappointments as their daily bread... The art of living lies less in eliminating our troubles than in growing with them." - Bernard Baruch

"A man is a success if he gets up in the morning and gets to bed at night, and in between he does what he wants to do." - Bob Dylan

"Achievement - seems to be connected with action. Successful men and women keep moving. They make mistakes, but they don’t quit." - Conrad Hilton

"Ultimately, man should not ask what the meaning of his life is, but rather must recognize that it is he who is asked. In a word, each man is questioned by life; and he can only answer to life by answering for his own life; to life he can only respond by being responsible." - Victor Frankl

"Victory belongs to the most persevering." - Napoleon Bonaparte

"The definition of insanity is doing the same thing over and over again and expecting a different result." - Albert Einstein

"Concentration is the secret of strength in politics, in war, in trade, in short in all management of human affairs." - Ralph Waldo Emerson

"Since most of us spend our lives doing ordinary tasks, the most important thing is to carry them out extraordinarily well." - Henry David Thoreau

"The will to win is important, but the will to prepare is vital." - Joe Paterno

"The most important thing to do is set goals. Training is a waste of time if you don’t have goals." - Samantha Riley

"Believe in yourself! Have faith in your abilities! Without a humble but reasonable confidence in your own powers you cannot be successful or happy." - Norman Vincent Peale

"By working faithfully eight hours a day, you may eventually get to be boss and work 12 hours a day." - Unknown

"So long as I am acting from duty and conviction, I am indifferent to taunts and jeers. I think they will probably do me more good than harm." - Winston Churchill
"I have yet to find the man, however exalted his station, who did not do better work and put forth greater effort under a spirit of approval than under a spirit of criticism." - Charles Schwab

"I am still determined to be cheerful and happy, in whatever situation I may be; for I have also learned from experience that the greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances." - Martha Washington

"Business is like war in one respect. If its grand strategy is correct, any number of tactical errors can be made and yet the enterprise proves successful." - Gen. Robert E. Wood

"Formal education will make you a living; self education will make you a fortune." - Jim Rohn

"Leaders come in many forms, with many styles and diverse qualities. There are quiet leaders and leaders one can hear in the next county. Some find strength in eloquence, some in judgment, and some in courage." - John W. Gardner

"When you cannot make up your mind which of the two evenly balanced courses of action you should take - choose the bolder." - W.J. Slim

"Every truth passes through three stages before it is recognized: In the first, it is ridiculed. In the second, it is opposed. In the third, it is regarded as self-evident." - Arthur Schopenhauer

"You gain strength, courage and confidence by every experience in which you really stop to look fear in the face." - Eleanor Roosevelt

"Your own mind is a sacred enclosure into which nothing harmful can enter except by your promotion." - Ralph Waldo Emerson

"I believe that every right implies a responsibility; every opportunity, an obligation; every possession, a duty." - John D. Rockefeller

"Some people have learned to earn well, but they haven't learned to live well." - Jim Rohn

"A leader is best when people barely know he exists. When his work is done, his aim fulfilled, they will say, 'We did this ourselves.'" - Lao-Tse,
“Truth is a hard master and costly to serve, but it simplifies all problems.” - Ellis Peters

“When you feel passion, work and play are the same. When you love what you do, you work harder and produce more results than ever before.” - Brian Tracy

“I think luck is the sense to recognize an opportunity and the ability to take advantage of it. Everyone has bad breaks, but everyone also has opportunities. The man who can smile at his breaks and grab his chances gets on.” - Samuel Goldwyn, 1879-1974, Film Producer

“If you envy successful people, you create a negative force field of attraction that repels you from ever doing the things that you need to do to be successful. If you admire successful people, you create a positive force field of attraction that draws you toward becoming more and more like the kinds of people that you want to be.” - Brian Tracy

“The successful person makes a habit of doing what the failing person doesn’t like to do.” - Thomas Edison

“When I have finally decided that a result is worth getting, I go ahead on it and make trial after trial until it comes.” - Thomas Edison

“You can have brilliant ideas, but if you can’t get them across, your ideas won’t get you anywhere.” - Lee Iacocca

“If you want a kinder world, then behave with kindness; if you want a peaceful world, make peace within.” - Dan Millman

“Cherish your visions and your dreams, as they are the children of your soul, the blueprints of your ultimate achievements.” - Napoleon Hill

“The most important persuasion tool you have in your entire arsenal is integrity.” - Zig Ziglar

“Labor to keep alive in your breast that little spark of celestial fire called conscience.” - George Washington

“The reading of all good books is indeed like a conversation with the noblest men of past centuries who were the authors of them, nay a carefully studied conversation, in which they reveal to us none but the best of their thoughts.” - Rene Descartes

http://www.trainingvisions.com
"A winner is someone who recognizes his God-given talents, works his tail off to develop them into skills and uses these skills to accomplish his goals." - Larry Bird

"When wealth is lost, nothing is lost; when health is lost, something is lost; when character is lost, all is lost." - Billy Graham

"I am careful not to confuse excellence with perfection. Excellence, I can reach for; perfection is God’s business." - Michael J. Fox

"Everyone has the capacity to be excellent at something" - Brian Tracy

"It has been said that success only shows up when determination does... but it must be powered by a non-negotiable decision." - Doug Firebaugh

"You don't concentrate on risks. You concentrate on results. No risk is too great to prevent the necessary job from getting done." - Charles Yeager

"For every result there is a cost" - Brian Tracy

"Look for the good in every person and every situation. You'll almost always find it." - Brian Tracy

"The big challenge is to become all that you have the possibility of becoming. You cannot believe what it does to the human spirit to maximize your human potential and stretch yourself to the limit." - Jim Rohn

"A man is a success if he gets up in the morning and gets to bed at night, and in between he does what he wants to do." - Bob Dylan

"If you do the things you fear, the fear will die." - Brian Tracy

"If your work is your Hobby, you never have to work a day in your life." - Brian Tracy

"Indecision is the thief of opportunity." - Jim Rohn

"The will to believe is perhaps the most powerful, but certainly the most dangerous, human attribute." - Dero Ames Saunders

"Would that I could stand on a busy corner, hat in hand, and beg people to throw me all their wasted hours." - Bernard Berenson
"Happiness is not something you postpone for the future; it is something you design for the present." - Jim Rohn

"The right to be heard does not automatically include the right to be taken seriously." - Brian Tracy

"We grow neither better nor worse as we get old, but more like ourselves." - May Lamberton Becker.

"The young feel tired at the end of an action, the old at the beginning." - T.S. Eliot.

"Old age is when you know all the answers, but nobody asks you the questions." - Bert K. Smith.

"Reading is to the mind what exercise is to the body." - Sir Richard Steele

"It is easier to make money than to save it. One is exertion; the other, self-denial." - Thomas Haliburton, Writer

"Whoever undertakes to set himself up as a judge of truth and knowledge is shipwrecked by the laughter of the gods". - Albert Einstein

"The problem is not that there are problems. The problem is expecting otherwise and thinking that having problems is a problem." - Theodore Rubin
International Proverbs:

“One head cannot hold all wisdom (East Africa),

“Heroism consists of hanging on one minute longer.” (Norwegian),

“Better to suffer for truth than to prosper by falsehood” (Danish),

“Success has many parents, but failure is an orphan” (American).

“Children have more need of models than of critics” (French)

“Liberty has no price” (Spanish)

“Doubt is the key to knowledge” (Iranian)

“Postpone today’s anger until tomorrow” (Tagalog, Filipino)

“Prayer only from the mouth is no prayer” (Jamaican)

“There is often wisdom under a shaggy coat” (Latin)

“A good example is the best sermon” (English)

“What one hopes for is always better than one has” (Ethiopian)

“Promise little and do much” (Hebrew)

“It is better to prevent than to cure” (Peruvian)

“Spending is quick, earning is slow” (Russian)

“People show their character by what they laugh at” (German)

“You can’t see the whole sky through a bamboo tube” (Japanese)

“Don’t let grass grow on the path of friendship” (Blackfoot Indian)
Dear Reader

I hope some of these quotes have inspired you to get out of your personal comfort zone and into your dream life. If you want further support, inspiration, and motivation to keep you moving in the right direction please consider one of my programs.

You truly deserve only the BEST.

Abundant Blessings

Barbara

www.trainingvisions.com

Sign up for the F*R*E*E Insight - a weekly series of short inspirational lessons with practical tips to help you get what you want from life.
What others are saying about the "To be" system:

I have to say that working with you has given me great inspiration and confidence. I feel though as I have drifted away from our aim and have a lot of catching up to do! It seems like I haven’t been serious enough since before summer.

The last few months I have been taking on significantly more responsibility within the business throughout Europe. We are at a rapid growth period where every hour is fully used. It is a lot of fun and I am enjoying my new role very much. I give a great deal of credit to your Coaching and Mastermind group as working with you has given me more courage and energy.

Barbara, I know people will get result when they go through that course guided by you.

- Gudrun, Iceland

Barbara is that rare breed of person; not only a woman who has a clear vision of where she is going and what she intends to achieve but also one who can clearly implement a plan and bring it to fruition.

Most of us have strengths that make us effective to initiate a project, or run with it for a certain distance, or complete and manage different parts of a project.

Barbara manages all stages and with equal enthusiasm and commitment - this is quite a rare talent. She does not give up when the going gets tough and she ensures that you don't give up either. This clarity, commitment, tenacity and tidiness are wonderful qualities in a personal life coach and trainer. With Barbara you get the whole team in one person!

- Sharon Macnish
  Director of Professional Education,
  Letchworth Centre for Complementary Medicine, England

"You are a natural leader and coach because you really care what happens to your members. I enjoy working with you and have already reached more of my goals in the last 3 months than I expected for this full year. It is amazing how much more I get done when I am accountable. This is fun!"

- John Paul, UK

Hi Barbara

This isn't about theory.

Your system is about doing and achieving.

I think you really want people to get the vision they want for themselves. That's way you ask us to describe it so vividly - and finally I got it. I am not a victim anymore. Thank you sooooo much.

- Charles, USA

"I joined your program and really expected to set out on another short lived adventure in self-improvement.

But when I downloaded your program and began using the membership benefits --- I began to see how unique your approach really is!

http://www.trainingvisions.com
Finally I have a personal guide who addresses MY QUESTIONS and issues directly. Also you provided encouragement when I needed it most. I am nearly finished with the first series of the manual, but I am glad I signed up for a full year and plan on keeping my membership long afterward to get support for my continuing efforts.

You're correct, Barbara, change is work, but with you, the journey has been exhilarating! I have so much more time now that I can spend with my wife Lisa and our kids. They really love the changes in me.

Thank you for all of your hands-on help! - Robert, California

Barbara,
I want to let you know that no matter what happens you are going to be a great success. I know this because I am an expert in the field of behavior and I am very good at assessing person’s abilities and their will to get the job done. You have the power to become one of the biggest inspirations to your clients.

I see also someone who is a very big role model for kids, specifically girls, in the area of development. I have never miss calculated my ability to determine someone’s success and you are by far one of the strongest people I have ever worked with. YOU WILL SUCCEED and together someday WE can make a difference in one small sector of a market, but on your own you will reach millions!

- Dr. John P. DeMann
CEO Pillars of Excellence
www.pillarsofexcellence.com

Barbara
Thank you so much for sharing your wonderful system.

Your support along the way really made the difference. It seemed as though, whenever I felt discouraged, an e-mail would appear in my bax and get me motivated again. And the feedback from the online conferences was great as well.

I am in a warm, committed relationship for the first time in years, and working on getting the education I need to become a nurses, a lifelong dream of mine.

- Linda, Canada

"You are a great coach and trainer Barbara" - Elisabeth, CA,USA

You see how we live, trapped by convention, culture, expectation of others etc.

You don't live that way, and seem to have done it differently from an early age. From your experiences, you understand why we do what we do, and how we can change our lives by being honest with ourselves about what it is we really want from life, and then working towards achieving that.

I think many self-help books are fluffy. They are written for one purpose - to make money. The people who write them have a holier than thou approach.
Not you. You talk to your members as one of them and actually get us to get up and do it."

- Katie-Anne, Sweden

"Barbara, you are one of a kind. Always straight forward and committed to the success of each of your clients. I have learned much more from you than I ever thought possible. Your never ending enthusiasm has carried me past some tough obstacles.

I will stay in your program for some time yet and have already convinced my best friend to join. She can't believe the changes she sees in me. Thanks"

- Frauke, Germany

"You could be the best female Coach on any level because you really care. All you have to do is get someone to market you with the same passion you coach us."

- Morgan, Australia